

CALIFORNIA FOUNDATION FOR OCCUPATIONAL THERAPY

www.cfot.org



A non-profit public benefit foundation whose mission is to advance the science of occupational therapy by enhancing the quality and knowledge of occupational therapy services to the public through support of occupational therapy research and educational endeavors.

VOLUME 1 • NUMBER 30

YEARLY NEWSLETTER

JUNE 2012

Letter from the President



This past year was the 30th Anniversary of the CFOT and the 35th Anniversary of OTAC! Many thanks to the OTAC Board of Directors for initiating the need for a tax exempt structure to support the educational and research needs of occupational therapists in California and a very special thanks to Evelyn Jaffe and Julie Shaperman for their key efforts in the development of the foundation. We have come a long way in our 30 year history! With your continuing support, this past year we awarded 11 scholarships, 3 traineeships, and 4 research grants and seed money for 4 programs/projects to occupational therapists in California! The vision and mission of 30 years past has become a reality and we hope to do even more in the coming years.

30 years ago we did not envision the internet as a prime means of information and communication. We initiated a website several years ago and have made significant improvements to it - the CFOT now has a new WEBSITE!!! It is sleek, informative, current, and very user friendly. Applications for scholarships and research grants and projects may be filled out on line and downloaded. The traineeship process is different in that each director of an OTA program selects the trainee. We have a complete listing of all the 2011 scholarship and traineeship recipients, research grant and seed money project recipients and pictures of our CFOT Special Lecturer and our CFOT Humanitarian Awardee. We will be adding a PayPal button so that you may make contributions to the CFOT via credit card. We may also add other items so keep checking the website. Also, please give us your feedback - we are here for you!

I extend a very special thanks to Nicolaas van den Heever for designing and formatting the website. He volunteered many, many long hours on this project while he engaged in completing his doctorate, serving OTAC Region 1

and teaching in the University of St. Augustine Occupational Therapy Program. Special thanks also to Amy Salinas in assisting with gathering the information for the content of the site and to Julie Shaperman for her technical assistance. It was a job well done!

I also wish to extend a very special thanks to the CFOT board members, both past and present. They generously give their time and expertise to maintain high standards in each Foundation committee or project. They are all exceptional. It is a pleasure to work with them to achieve CFOT goals and I am grateful to them for moving the Foundation forward each year.

Foundation Priorities

The CFOT priorities continue to focus on raising money to support educational scholarships and to support research in occupational therapy. This past year parents of a child treated by an occupational therapist honored this therapist by donating money to CFOT for a scholarship which was then matched by the parents' employer. This is the Fredlyn Berger scholarship which is a tribute to Freddie for her excellence as a caring and very talented occupational therapy practitioner. The parents are continuing their generosity which will again be matched allowing CFOT to grant Fredlyn Berger Scholarships for 2012 and 2013!

Each scholarship, traineeship, research grant, and program/project grant assists the CFOT to achieve its mission of advancing the science of occupational therapy services to the public. On behalf of the board of directors, I would like to thank the following individuals for their continued support of the Foundation's educational goals by establishing named scholarships: Frank, Loretta, and Mark Biehl of North Coast Medical for the North Coast Medical Scholarships; Fred Sammons of Fred Sammons, Inc. for the Fred Sammons Scholarships; the Jaffe family for the Jaffe Scholarship; Wilma West for the Wilma West Scholarship, Sue Knox for the Hirsch-Knox Scholarship, the Matsutsuyu family for the Jan Matsutsuyu Scholarships and Traineeship, Bonita Kraft for the Bonita Kraft Scholarship; and the Southern California Consultant Group for Traineeships. If you are interested in establishing a scholarship please contact us! This year we had over 30 applicants for 11 scholarships so they are really needed to support students in their education.

In addition to establishing a \$1000 or more named scholarship fund, there are other ways to contribute to the Foundation. CFOT will acknowledge a special occasion or memorial by sending a card to the person you designate, telling them that you have made a contribution to CFOT. There are also differing contribution levels. They are:

Diamond Circle \$25,000	Silver Circle \$1000	Patron \$100
Platinum Circle \$10,000	Bronze Circle \$500	Sponsor \$50
Golden Circle \$5,000	Benefactor \$250	Donor \$25

I wish to thank all of you for your gift giving to CFOT. We are thankful for your donations to our centerpieces at the CFOT luncheon, our matching challenge, and our silent auction.

Very special thanks to Bonita Kraft for continuing the CFOT Matching Challenge. This is her 5th year of matching contributions up to \$500!!

Each and every dollar makes a difference and all contributions to CFOT are tax deductible based on IRS regulations. CFOT also acknowledges the support of OTAC. OTAC gives 1% of member dues to support the work of the Foundation when their budget permits. This past year, OTAC donated two conference booths to CFOT! We thank OTAC for their enthusiasm and support for CFOT activities!

2011 Highlights and Activities for 2012

The CFOT honored two exceptional individuals this year: Joan Surfus and Dr. Pamela Richardson. Joan Surfus was the recipient of the 2011 Humanitarian Award. Dr. Pam Richardson was the 2011 CFOT Honored lecturer. Please see additional information on both of them in this Newsletter.

Please continue to check the NEW CFOT website for the latest news of CFOT and for information on scholarships, traineeships, research grants, and recipients of CFOT scholarships and traineeships, research grants and seed money for projects and awards. We look forward to having you contact us, seeing you at our CFOT events and we THANK YOU for your continuing support of CFOT.

Cordially,
Linda Florey, Ph.D., OTR/L, FAOTA
President, CFOT

IN MEMORIAM



Dr. Mary Reilly died on February 28th, 2012, in Fairfield, CA, at the age of 95. She was one of the most prominent scholars in occupational therapy and will always be remembered for the timeless and oft-quoted supposition from her 1961 Eleanor Clark Slagle lecture that “Man, through the use of his hands as energized by mind and will, can influence the state of his own health”. Dr. Reilly framed this as an occupational therapy hypothesis passed on for proof by the founders of occupational therapy, stating further, “...it implies that man, through the use of his hands, can creatively deploy his thinking, feelings and purposes to make himself at home in the world and to make the world his home.”

Dr. Mary Reilly was born and raised in Boston, MA. She received a certificate in occupational therapy from the Boston School of Occupational Therapy in 1940, and in her first job, worked with children with cerebral palsy in Michigan. She was then recruited to serve in the US Army and worked in clinical and management positions from 1941-1955, receiving both the Army Meritorious Service Award and the Letterman Army Certificate of Achievement.

She completed her education from 1951 - 1966, earning a BS degree from USC, an MA degree from San Francisco State and an EdD from UCLA. During her doctoral studies she was recruited by the head of the newly founded Neuropsychiatric Institute at UCLA to become its first Chief of Rehabilitation. At the same time, she became head of the graduate program in occupational therapy at USC. She left UCLA to devote herself full time to USC in 1968.

As we near the 100-year anniversary of occupational therapy in 2017, we must recall that Dr. Reilly was responsible for a major paradigm shift in occupational therapy thinking and practice. She felt the field was drifting from its founding principles and advocated a modernization of its original working paradigm. She championed a hypothesis drawn from an interdisciplinary, “not only, but also” knowledge base: Occupational therapy needed to know not only the complexity of medical conditions but also the complexity of competency and human achievement drawn from the behavioral sciences.

Dr. Reilly is responsible for the rich resources occupational therapy now possesses in the areas of play, occupation, work, and the work-play continuum otherwise known as “occupational behavior”. She did not do all of the work herself but skillfully directed and influenced a cadre of over 90 occupational therapy students pursuing graduate degrees at the University of Southern California. These students moved around the country and seeded practice, education, and organizational leadership in their areas.

Many of us knew her as both a mentor and a friend. She gave us advice on anything and everything and most often, it was right on the button. She had an irrepressible Irish wit and was full of fun. She loved all types of music, sailing and swimming and was an avid reader of novels -mysteries were favorites. She lived a rich and full life. We will miss her spirit and will strive to uphold her scholarly principles.

The California Foundation for Occupational Therapy (CFOT) is establishing a Dr. Mary Reilly Scholarship to honor her profound contributions to the occupational therapy community.

Donations may be made to CFOT and sent to:

Sue Knox, PhD, OTR/L

3458 La Sombra Drive

Hollywood, CA 90068

CFOT Awards at OTAC:

30th ANNIVERSARY AWARD/SYMPOSIUM LUNCHEON SPEAKER:

Pam Richardson, PhD, OTR/L, FAOTA

"Living Life to the Fullest: Reflections on the real meanings of client-centeredness and participation"



CFOT Humanitarian Award:

Joan Surfus, MS, OTR/L

For volunteer efforts in occupational therapy on behalf of children around the world.



Entry Level Graduate Scholarships:

Fred Sammons Scholarship – Eun Yu (Charlie) – Cal State Dominguez Hills

Jaffe Graduate Scholarship – Jamie Latut – Samuel Merritt University

Ardith Breton Scholarship – Chelsea Robinson – USC

Janice Matsutsuyu Scholarship – Kiersten Lednik – SJSU

Knox-Hirsch Scholarship – Marilyn Chiu – USC

Bonita Kraft Scholarship – Brenna Weeks – SJSU

Fredlyn Berger Scholarship – Justine Carandang - USC

Post Professional Graduate Scholarships

North Coast Medical Scholarship – Donna Stanton – Thomas Jefferson University

Fred Sammons Scholarship – Domenic Bruzzese - USC

Janice Matsutsuyu Scholarship – Kathy Oversheet - USC

Wilma West Scholarship – Stacy Willis - USA

Occupational Therapy Assistant Traineeships

Los Angeles Consultants Group Traineeships –

Anthony Osiecki – Sacramento City College

Laurie McEnergy – Santa Ana College

Jan Matsutsuyu Traineeship -

Maria Guymon – Grossmont College

CFOT Research Awards:

Amanda Colleen Foran, MS, OTR/L

Case Studies on the Feasibility of Exergaming to Enhance Physical Activity in Youth with Autism Spectrum Disorder

Deborah B. Pitts, PhD (cand), OTR/L

Doing 'ACT': An Ethnographic Study of How Assertive Community Treatment Practitioners 'Think-in-Action'

Kayti Whitehead Corcoran, MOT, OTR/L

Children with Autism: Participation in Religious Occupations

Seed Money for Program or Research Projects

Anthony Osiecki -*Public Service Announcement for Occupational Therapy*

Adriana Garcia; Dagmara Marciniak; Lauren Mcune; Erica Smith - *Promoting Healthy Occupations and Self-Efficacy in Older Adults: The 'Stepping On' Program*

Amy Lee; Brooke Cappa; Miranda Dabbs; Elizabeth Murray - *Exploration of the Impact of Weight Status on Social and Leisure Participation in Middle School Children*

Sheela Roy; Diana Chien; Amy Hawryluk; Jessica Rankin-Gee - *Fostering Work Readiness in Homeless Mothers*

CFOT at OTAC Conference



2011 CFOT HUMANITARIAN AWARD

The CFOT presented the 2011 Humanitarian Award to Joan Surfus for her extensive volunteer efforts in occupational therapy on behalf of children around the world including Honduras, Romania, Russia and Ethiopia.

Joan's volunteer efforts began in 1996 where she performed mission work for All God's children, Inc. Her work there included developmental screenings of infants and children at an orphanage in Honduras. From 2000 to the present she has volunteered at numerous sites in many countries serving children with disabilities. The countries include Romania, Russia, Honduras, and Ethiopia. Her volunteer activities included developmental screenings of infants and children, staff training on site in sensory integration, feeding, positioning, sensory diets and treatment interventions for children. Most of her volunteer work involves a combination of direct care with the children and teaching and intervention with caregivers.

Joan is currently an occupational therapy supervisor and oral motor specialist at Pediatric Therapy Network in Torrance, California. She has a wealth of teaching experience and has been a faculty member at California State University Dominguez Hills, University of Southern California, Misericordia University and Darton College. She is currently enrolled in the occupational therapy clinical doctorate program at Misericordia University.

Joan does her volunteer work for 10 days to two weeks at a time and she uses vacation time from work or time off without pay. Occasionally she is reimbursed for housing by the various organizations for whom she does volunteer work, but for the most part she pays for her transportation, housing and board. There is considerable financial commitment involved in these volunteer experiences. She said that she is committed to volunteer work as this was part of her experience of "growing up" in Michigan in which she was part of a non-denominational Christian group that did mission trips. Once she became involved in volunteering and teaching in different countries she loved helping people who might not have had the opportunity to achieve whatever potential they have.

CFOT Scholarships

CFOT awards scholarships to occupational therapy students and traineeships for occupational therapy assistant students. CFOT is pleased to announce that eleven scholarships will be awarded annually. These scholarships are for occupational therapy students who are:

- California residents,
- Enrolled in an OT program at a university in this state with a 3.0 GPA or better, and
- Members of the Occupational Therapy Association of California.

The scholarships are awarded as follows:

Four - Entry Level Degree

Three - Post Professional Graduate Degree

Four- either Entry Level or Post Professional Level

Those who have received a scholarship award from CFOT in the past, are allowed to apply for another scholarship in a different level category.

CFOT Scholarship Awards

Jaffe Graduate Entry Level Scholarship \$1,000

Knox-Hirsch OTR Graduate Scholarship-Pediatrics- \$1,000

Janice Matsutsuyu Scholarships \$1,500 (2 awarded annually)

Wilma West Post OTR Graduate Scholarship \$1,000

Ardith Breton Scholarship \$1,000

Fred Sammons Entry Level Scholarship \$1,000 (2 awarded annually)

Bonita Kraft Scholarship-Mental Health \$1,000

North Coast Medical Post OTR Graduate Scholarship \$2,500

Fredlyn Berger Scholarship-Pediatrics \$2,000

Download Application:

If you are downloading an application from the CFOT website, please consider your level of education (ie. entry level or OTR in a graduate program) to assure you use the appropriate application form.

Please note that the address for submission has changed. If you need further information, please contact:

Laura Weiss, MS, OTR/L

23426 Berdon St.

Woodland Hills, CA 91367

818-700-5648

Laura.Weiss@dignityhealth.org

2011 CFOT Honored lecturer

Dr. Pam Richardson was the 2011 CFOT Honored Lecturer. She was the featured speaker at the CFOT Luncheon held at the 2011 OTAC Conference. Dr. Richardson is currently Professor and Post Professional Program Coordinator at San Jose State University. She has a rich and varied career in clinical practice, education, and research. She has had many years of experience, primarily in pediatrics, in a variety of settings including private practice, early intervention, Head Start, public schools and as a consultant to several rural school districts in the Alaskan bush. Her clinical practice and research have focused on assessment and intervention for children with physical disabilities and autism spectrum disorders. Her early research examined the efficacy of integrated playgroups for children with disabilities.

Dr. Richardson has numerous publications primarily in pediatric research but she has also addressed mental health, education and teaching, and occupation based practices. Most recently she has been involved in studies of foster youth and the role occupational therapy can play in developing their independent living skills. She is also working on a health promotion project for urban San Jose children and is consultant to a program that assists young adults with Asperger's learn the skills they need to participate more fully in life. She has made numerous presentations at state, national, and international settings including Malta, Chile, South Africa, and Australia.

She is also active in occupational therapy organizations and is currently on the board of directors of the National Board of Certification in Occupational Therapy. Dr. Richardson has received many awards including the Academic Leadership Fellowship Award from the AOTA/AOTF, the SJSU Service Learning Award and she is a fellow of the AOTA.

In her presentation titled, "*Living Life to the Fullest: Reflections on the real meanings of client-centeredness and participation*", she highlighted clinical lessons learned from her extensive years in practice and research.

California Foundation for Occupational Therapy Contributions - 2011

Silver Circle (\$1,000 - 4,999)

Marcia Grand (in honor of Dr. Robert Jaffe)
Evelyn Jaffe
Susan Knox (in memory of Drs. Elizabeth and Fred Hirsch)
Bonita Kraft
North Coast Medical
Fred Sammons
Christopher Sheckley (in honor of Freddie Berger)

Bronze Circle (\$500.00 - 999.99)

Julie Shaperman

Benefactor (\$250.00 - \$499.99)

Michelle Berro (in honor of Remy Chu and Heather Kitching; in memory of Mary Ann Epstein)
Margaret Bleir (in honor of Florence Cromwell and in memory of Carlota Welles)
Linda Florey
Bonnie Nakasuji (in honor of Lora Woo and Heather Kitching)
Joanna Patton
Heidi McHugh Pendleton
Lynn Yasuda

Patron (\$100.00 - 249.99)

Valerie Adams (in memory of Dr. Billie Moore aka Mre Goldman)
Deb Bolding
Lisa Deshaies (in honor of Heather Kitching)
Kathleen Gross (in honor of Lora Woo and Heather Kitching)
Fran Kelley
Judi Palladino
Shawn Phipps (in memory of Carlota Welles)
Ruth Ramsey

Sponsor (\$50.00 - 99.99)

Luis Arabit
Jennifer Davis
Sarah Kelly (in memory of Ward and Claire Frea and Ward Jr.)
Janis Kitsuwa-Lowe
Deborah Morowski
Claudia Peyton (in memory of Lynn Murphey-Arrateig)
Chertl Ratnoff
Kazuko Sarvwatari
Susan Spitzer
Bobbi Jean Tanberg
Carol Wiley (in memory of Carlotta Welles)

Donor (\$10.00 - 49.99)

Janet Blair
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Ladene Elam
Sandra Evans
Barbara Gale
Lauren Lofy
Ellen Obenberger
Aurora Rowland
Elizabeth Russel

This list does not include the many generous contributors who supported CFOT by giving of their efforts, for contributions to the CFOT auction and raffle, and to those who purchased note cards. Thank you very much for your support; together we really have made a difference in occupational therapy research and education in California.

LET PEOPLE KNOW YOU THINK THEY ARE SPECIAL!

CFOT will acknowledge a memorial or special occasion by sending a card to the person you designate, telling them that you have made a contribution to CFOT in their memory or honor. Tell your family and friends about this special giving program - it's a meaningful way of saying that you care.

If you are interested in establishing a memorial fund in the name of someone special, you and your friends may contribute in that person's memory. When that fund reaches a designated amount, the fund will be used for a named scholarship.

2010 Special Giving

Valerie Adams (in memory of Dr. Billie Moore aka Mrs Goldman)
Margaret Blair (in memory of Carlotta Welles and Mary Ann Epstein; in honor of Florence Cromwell, Remy Chu, and Heather Kitching)
Lisa Deshaies (in honor of Heather Kitching)
Ladene Elam (in memory of Greg Strone)
Marcia Grand (in honor of Dr. Robert Jaffe)
Kathy Gross (in honor of Lora Woo and Heather Kitching)
Susan Knox (in memory of Drs. Elizabeth and Fred Hirsch)
Sarah Kelly (in memory of Ward, Claire, and Ward Frea Jr.)
Bonnie Nakasuji (in honor of Lora Woo and Heather Kitching)
Claudia Peyton (in memory of Lynn Murphey-Arrateig)
Shawn Phipps (in memory of Carlotta Welles)
Christopher Sheckley (in honor of Freddie Berger)
Carol Wiley (in memory of Carlotta Welles)



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HOW CAN CFOT HELP YOU?

CFOT is devoted to the achievement of excellence in Occupational Therapy through promoting research efforts and educational endeavors of occupational therapy students and practicing occupational therapists. In the coming year, CFOT will be taking applications for the scholarships, research grants, and traineeships. For more information on how to apply for these awards, read below or visit our website www.cfot.org

Research Grants

The deadline for submitting proposals is May 1st. Grants for up to \$6,000.00 will be available for upcoming year. Proposals will be accepted up to this amount.

All occupational therapists or students in occupational therapy curricula in the state of California are eligible to submit proposals. Membership in the Occupational Therapy Association of California is also a requirement.

For application and further information, contact: Judi Palladino (909) 558-8638 or email judi-palladino@sahp.llu.edu

Traineeships

CFOT announces the availability of Occupational Therapy Assistant Traineeship awards funded by the Southern California Occupational Therapy Consultant Group. The three \$700.00 traineeship are designed for O.T. Assistants during their clinical affiliations.

For further information contact:
Alice Kibele
akibele@chla.usc.edu

Scholarships

CFOT is pleased to announce that seven or more scholarships will be awarded yearly. These scholarships are for occupational therapy students who are California residents, accepted or enrolled in a program at a university in this state and who are members of the Occupational Therapy Association of California.

The scholarships are awarded as follows:

- Three - graduate, entry level
- Three - graduate, post professional level

For further information please write to:

Kathleen Gross, MA, OTR/L
425 Fremont Lane
South Pasadena, CA 91030-1728
Work: (562) 401-7464
E-mail: kgross@la.dhs.org

- Applications can be downloaded from the CFOT website.
- Deadline to submit application is July 30th annually.

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