



CALIFORNIA FOUNDATION FOR OCCUPATIONAL THERAPY NEWSLETTER

NOVEMBER 2021 • SPECIAL CONFERENCE ISSUE



40th Anniversary 1981-2021

CFOT celebrated its 40th Anniversary
at the OTAC 2021 Conference.
Cheers to 40 years and many more!

CALIFORNIA FOUNDATION FOR OCCUPATIONAL THERAPY



Entrepreneurs are innovators who take the risk of forming and operating a business. All occupational therapy practitioners are poised to be entrepreneurs in that they have expertise in occupational participation, which is valuable to the communities in which they live and work. When starting a business, financial success is essential. Conversely, the occupational therapy (OT) entrepreneur should consider one's social responsibility to reach underserved populations related to mitigating disparaging social factors. Social responsibility helps us all to rise.

John Goodfellow, OTD, OTR/L, is the founder of Goodfellow Occupational Therapy, headquartered in Fresno, California. After nearly 22 years as a small business owner, Goodfellow sold his practice to HealthPRO-Heritage in April 2021. He continues to operate Goodfellow Occupational Therapy as vice president of pediatrics for HealthPRO-Heritage and is overseeing business and program development for pediatrics throughout California.

Goodfellow graduated with his Master of Occupational Therapy (MOT) degree from Samuel Merritt University in Oakland, California. He later obtained his Doctorate in Occupational Therapy (OTD) from the University of Utah.



CFOT 2021 HONORED LECTURER

**John Goodfellow,
OTD, OTR/L**
*Socially Responsible
Entrepreneurship in
Occupational Therapy*

Goodfellow opened the first private OT clinic in Fresno County in 1999. He quickly expanded into partnering with school districts in a 9-county area in the Central Valley and on the Central Coast.

He later partnered with California Children Services (CCS) in three counties to staff their medical therapy units with occupational and physical practitioners. His company also works with the local regional center to provide birth-to-three home-based services. Growing his company to over 80 employees, he continues to make time to be an occupational therapist.

Goodfellow takes great pride in mentoring and training the next generation of occupational therapy practitioners. Since 2001 his practice has accepted fieldwork students throughout California and from out-of-state. This past year, Goodfellow Occupational Therapy has accepted more students than usual as students have had difficulty finding placements during the COVID Pandemic.

Goodfellow is most proud of his company working in rural / underprivileged communities in the Central Valley and Salinas Valley. He states, "It has always been my personal vision of ensuring children who need our services will have access to our services. These communities with large migrant farm worker populations are very under served. It is one of my greatest satisfactions that these communities have had access to quality OT, SLP, and PT services."

Goodfellow has been active in leadership. His first taste of leadership was as student body president at Samuel Merritt University. He later served as a board member for the Fresno Down Syndrome Society. He also served on the OTAC Board of Directors for seven years, first as a region director for one term and then as the treasurer for two terms.

In 2020 Goodfellow Occupational Therapy received the OTAC Media Award. Goodfellow's service has also been recognized within and outside the occupational therapy profession: 2015 Fresno Better Business Bureau: Torch Award for Ethics, 2014 First 5 Fresno County: Child-Friendly Business Award, 2012 Down Syndrome Society of Central California: Health-Care Practitioner of the Year Award, 2011 OTAC Entrepreneur of the Year Award, 2007 and 2004 Easter Seals Central California: Volunteer Award, and 1997 Samuel Merritt College: Student Service Award.

The CFOT Honored Lecturer Award recognizes California occupational therapy practitioners who have demonstrated leadership and promoted ideas and visions in occupational therapy for the profession. A presentation gives them an opportunity to share their insights and knowledge with the occupational therapy community.

2022 CFOT HUMANITARIAN AWARD



Call for Nominations-2022 CFOT Humanitarian Award. California Foundation for Occupational Therapy (CFOT) is requesting nominations for the 2022 CFOT Humanitarian Award. The purpose is to honor individuals or groups who, through their humanitarian activities, have demonstrated exceptional commitment to the philosophical principles of occupational therapy and to the mission and goals of the CFOT. Criteria for selection may include:

- Helping to enhance and maximize the potential of the recipients of occupational therapy services
- Encouraging and fostering individual responsibility and human dignity
- Improving health status and enhancing quality of life
- Providing a model of community service
- Dedication to the vision of creating a healthy society. Specific activities may be in the areas of occupational therapy services, research, education, public awareness of the philosophical principles of occupational therapy, or community service.

The CFOT is a nonprofit, public health foundation whose mission is to advance the practice of occupational therapy by enhancing the quality and knowledge of occupational therapists through the support of research and educational endeavors. The deadline for submission is May 1, 2022. For further information regarding nomination procedures, contact Diana Su-Erickson, OTR/L, CFOT Humanitarian Award Coordinator.

CFOT HONORED LECTURERS



| | | | |
|--|------|---|------|
| Elizabeth Yerxa, EdD, OTR/L, FAOTA..... | 1983 | Gordon Giles, PhD, OTR/L, FAOTA..... | 2002 |
| Lois Barber, OTR/L, FAOTA | 1984 | Diane Hendricks, MA, OTR/L, FAOTA | 2003 |
| Lela Llorens, PhD, OTR/L, FAOTA | 1985 | Mary Margaret Evert, MBA, OTR/L, FAOTA..... | 2004 |
| Florence Cromwell, MA, OTR/L, FAOTA..... | 1986 | Marcia Goodman-Lavey, Esq, OTR/L..... | 2005 |
| Florence Clark, PhD, OTR/L, FAOTA..... | 1987 | Marti Southam, PhD, OTR/L, FAOTA | 2006 |
| Mary Reilly, EdD, OTR/L, FAOTA..... | 1988 | Y. Lynn Yasuda, MEd, OTR/L, FAOTA..... | 2007 |
| Claudia Allen, MA, OTR/L, FAOTA..... | 1989 | Kathleen Barker Schwartz, EdD, OTR/L, FAOTA..... | 2008 |
| Elizabeth Yerxa, EdD, OTR/L, FAOTA..... | 1990 | Bonnie Nakasuji, OTD, OTR/L..... | 2009 |
| Evelyn Jaffe, MPH, OTR/L, FAOTA..... | 1991 | Mary Lawlor, ScD, OTR/L, FAOTA | 2010 |
| Linda Florey, PhD, OTR/L, FAOTA..... | 1992 | Pam Richardson, PhD, OTR/L, FAOTA..... | 2011 |
| Carlotta Welles, MA, OTR/L, FAOTA..... | 1993 | Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA..... | 2012 |
| Mary Foto, OT/L, FAOTA..... | 1994 | Erna Imperatore Blanche, PhD, OTR/L, FAOTA | 2013 |
| Diane Parham, PhD, OTR/L, FAOTA..... | 1995 | Heather Javaherian-Dysinger, OTD, OTR/L..... | 2014 |
| Ruth Zemke, PhD, OTR/L, FAOTA | 1996 | Deborah Bolding, PhD, OTR/L, FAOTA | 2015 |
| Susan Knox, PhD, OTR/L, FAOTA | 1997 | Lela Llorens, PhD, OTR/Ret., FAOTA..... | 2016 |
| Sandra Greene, MA, OTR/L..... | 1998 | Ada Boone Hoerl, MA, COTA/L..... | 2017 |
| Heidi Pendleton, PhD, OTR/L, FAOTA..... | 1999 | Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA..... | 2018 |
| Dorothy Wilson, OTR/L, FAOTA..... | 2000 | Shawn Phipps, PhD, MS, OTR/L, FAOTA..... | 2019 |
| Guy McCormack, PhD, OTR/L, FAOTA..... | 2001 | Luis Arabit, OTD, MS, OTR/L, FAOTA..... | 2020 |
| Gordon Giles, PhD, OTR/L, FAOTA..... | 2001 | John Goodfellow, OTD, OTR/L..... | 2021 |
| Evelyn Jaffe, MPH, OTR/L, FAOTA..... | 2001 | | |

CFOT HUMANITARIAN AWARDEES



Purpose: To honor individuals or groups who, through their humanitarian activities, have demonstrated exceptional commitment to the philosophical principles of occupational therapy and to the mission and goals of CFOT.

| | | | |
|---|------|----------------------------------|------|
| Frank and Lori Biehl..... | 1993 | Bonnie Nakasuji | 2009 |
| Fred Sammons | 1994 | Fr. Gregory J. Boyle, S.J. | 2010 |
| Aerial Gilbert and her guide dog, DeeAnn..... | 1997 | Joan Surfus..... | 2011 |
| Patsy and Hal Hollister | 2000 | Diane Mayfield | 2013 |
| Barbara Phillips..... | 2001 | Heather Javaherian-Dysinger..... | 2014 |
| Dr. Ernie Bodai | 2002 | Michelle Craft | 2015 |
| Tom Hale | 2003 | John Hwang..... | 2016 |
| Nancy Somerville..... | 2004 | Winifred Schultz-Krohn | 2017 |
| Foster N. Anderson..... | 2005 | Vijay Gupta..... | 2018 |
| Debra Uhles Tanaka | 2006 | Elyse Gordon | 2019 |
| Judith Gail Rodgers | 2008 | Steven Rubin..... | 2020 |

CONGRATULATIONS TO THE 2021 CFOT SCHOLARSHIP/ TRAINEESHIP AWARDEES



SCHOLARSHIP AWARDEES

Janice Matsutsuyu Scholarship (two scholarships awarded)

- Kayla Gan - University of Southern California
- Maria Wong - San Jose State University

Fred Sammons Scholarship

- Samantha Mong - Samuel Merritt University

Jaffe Graduate Scholarship

- Paula Shames - San Jose State University

Knox-Hirsch Scholarship

- Stefanie Kuizon - University of Southern California

Ardith Breton Scholarship

- Teresa Pham - University of Southern California

Wilma West Scholarship

- Sheila James - West Coast University

Michele Berro Scholarship in memory of Mary Ann Epstein

- Abraham Ramirez - University of Southern California

Frank J. Biehl Opportunity Scholarship

- Marisa Rojo - University of Southern California

Chuck Strauch Scholarship

- Brittany Eng - University of Southern California

Lisa Test Scholarship

- Katherine Dumangas - University of Southern California

Bonita Kraft Scholarship

- Vanessa ElShamy - University of Southern California

In Memorium Scholarship

- Earl Sy - University of Southern California

TRAINEESHIP AWARDEES

Los Angeles Consultants Group Traineeship

- David Hernandez - Santa Ana College
- Corynne Ramaker - CBD College

Janice Matsutsuyu Traineeship

- Jason Williams - Grossmont College

CFOT Traineeship

- Hannah Licudine - Stanbridge University

For guidelines and additional information for CFOT scholarships and traineeships, go to the CFOT website and click on the **Scholarship tab**: cfot.org/scholarships or contact the Scholarships Committee Co-Chairs:

Laura Weiss, MS, OTR/L

818-400-5809

textilegallery@aol.com

Winifred Schultz-Krohn,

PhD, OTR/L, BCP, FAOTA

408-924-3077

Winifred.Schultz-Krohn@sjsu.edu

2021 CFOT RESEARCH GRANT



AWARDS

RESEARCH GRANTS (AWARDED ANNUALLY)

- Lisa Test Research Grant (endowed): up to \$1,500
- Robert B. Jaffe, MD, Women's Health Research Memorial Grant: up to \$2,000
- Luis Arabit Research Grant in Memory of Consuelo & Marialuz Arabit: up to \$1,000
- Martin Shaperman, MD, Research Grant: up to \$2,000
- Christine Wietlisbach LGBTQ Research Grant: up to \$1,000
- Bonita Kraft Mental Health Research Grant: up to \$1,500
- General Research Grant (funds provided by CFOT): up to \$6,000



RESEARCH GRANT AWARDS FOR 2021

Lisa Test Endowed Research Award combined with the General Research Grant Award: Roberta (Bobbi) Pineda, PhD, OTR/L, CNT – University of Southern California

Increasing access to the Supporting and Enhancing NICU Sensory Experiences (SENSE) Program among infants hospitalized in California NICUs and their families



Bonita Kraft Research Grant Award combined with General Research Grant Award: Chiao-Ju Fang, PhD, OTR/L – San Jose State University

The influence of social media usage on participation in daily activities for young adults with disabilities

We are very grateful to all those individuals who have established grants to support the research of practicing occupational therapists, academics, and post-entry level students engaged in independent advanced practice, doctoral level, or post-doctoral level research!

2021 CFOT SEED MONEY AWARDS



SEED MONEY AWARDS FOR 2020

An Investigation of the Supports and Challenges to Community Transportation for Persons with and without Disabling Conditions

AUTHOR(S)

- Cindy Cheung, OTS
- Briana Bartram, OTS
- Sarah Fried, OTS

FACULTY ADVISOR

- Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA

SCHOOL

- San Jose State University

Virtual Visitation: Promoting Social Occupations in Dementia Care

AUTHOR(S)

- Lizann Jovanovich, OTS
- Carly Spina, OTS
- Rena Ribeiro, OTS
- Pamela Baracerros, OTS
- Ashley Jones, OTS

FACULTY ADVISOR

- Gina Tucker-Roghi, OTD, OTR/L

SCHOOL

- Dominican University of California

Adults with Sensory Defensiveness and Their Use of Coping Strategies

AUTHOR(S)

- Cassidy McCurdy, OTS
- Sonia Patino, OTS
- Julia McMahan, OTS
- Sophia Hagen, OTS

FACULTY ADVISOR

- Julia Wilbarger, PhD, OTR/L

SCHOOL

- Dominican University of California

Holistic Occupational Therapy Dining Interventions Supporting Individuals with Dementia

AUTHOR(S)

- Lisa Worsham, OTS
- Sabrina Anne Coh Cezar, OTS
- Ashley Lorton, OTS
- Kathleen Osio, OTS

FACULTY ADVISOR

- Gina Tucker-Roghi, OTD, OTR/L

SCHOOL

- Dominican University of California

Description of Sensory Processing of Infants and Toddlers Living in a Family Homeless Shelter

AUTHOR(S)

- Carina Bernier, OTS
- Emmet King, OTS

FACULTY ADVISOR

- Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA

SCHOOL

- San Jose State University

Awards of up to \$250 are awarded quarterly to practicing occupational therapists, academicians, entry-level occupational therapy students (individually or in groups) conducting pilot studies, needs assessments, developing new intervention or client education programs or projects. To date, approximately \$2,000 has been awarded annually.

2021 CFOT SEED MONEY AWARDS



We would also like to thank the many occupational therapists who enthusiastically gave of their time, energy, and expertise to review the research grant applications and assist in selecting deserving research for funding. Reviewers who participated in this process for the last four years included:

Allison Patterson Smith, Claudia Peyton, Karen Papesh, Carolyn Glogoski, Amy Salinas, Heather Javaherian, Donna Lashgari, Donna Breger Stanton, Christine Wietlisbach, Rochelle McLaughlin, Teri Peralta, Heather Kitching, Susan Schwartz, Kitsum Lee, Eric Hwang, Julia Wilbarger, Megan Chang, Karen McCarthy, Anita Neihaus, Lora Woo, Chiao-Ju Fang, Dominique Embry, Gina Tucker-Roghi, Pamela Richardson, Robyn Wu, Sherry Hite, Laura Hess, Sharon Pavlovich, Gigi Smith, Jeanine Blanchard, Tiana Nguyen, and Deb Bolding.

As you can see we have a large community of volunteers who wholeheartedly support OT research and are willing to lend their expertise to the foundation to assure that worthy studies are supported. The list incorporates a wide variety of outstanding academics and clinicians across California. The Research Advisory Committee depends upon their willingness to contribute in such a meaningful way to the Foundation to assure that our precious resources are distributed fairly and ethically. If you are considering contributing in this role of reviewer, please email the Research Advisory Committee co-chairs and indicate your area of expertise at heidi.pendleton@sjsu.edu or twopalls@yahoo.com. We will be delighted to call on you when an appropriate research grant application is submitted.

CFOT COMMITMENT TO SUPPORT OT EDUCATION AND RESEARCH



Scholarship, traineeship, and research award recipients have chosen to enter the OT profession to help people and make a difference in their lives as practitioners; and many often advance to pursue other roles, e.g., as educator, administrator, researcher, etc. Seed money program and research grants support OT students and practitioners, educators, and researchers to develop innovative programs and resources, and contribute to and advance the body of occupational therapy science and knowledge.

Your contributions and donations enable CFOT to realize this commitment and our mission to advance the science and practice of occupational therapy to enhance health, well-being, and participation in life activities for all people, communities, and populations through supporting and promoting occupational therapy research, education, and public awareness.

CFOT CONTRIBUTION OPPORTUNITIES



CFOT LEGACY CIRCLE

The CFOT Legacy Circle is an endowment fund that was established in 2016 to ensure that CFOT can continue to provide scholarships and support OT researchers in California and enhance its growth to advance and promote the profession of occupational therapy into the future. If you would like to join the CFOT Legacy Circle, make a contribution of \$2,500 — in installments over five years or as a lump sum — and you will be recognized as a member of the CFOT Legacy Circle and continue to receive commendation by CFOT.

The contributions in the endowment fund are invested so they grow in value each year. The earnings from these investments may be used each year to support California OT practitioners and students with scholarships and/or research funds, or it may be reinvested for added growth.

We invite you to contribute and join the esteemed members of the Legacy Circle. Please send your full or partial contribution, specified for the Legacy Circle, to:

CFOT • 950 Glenn Drive, Suite 150, Folsom, CA 95630

By joining the CFOT Legacy Circle you will be among a distinguished group making a difference for a lifetime.

MAJOR CFOT DONORS



SILVER CIRCLE (\$1,000 – \$4,999)

- Anonymous
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- Linda Florey* (*in memory of Dr. Robert Jaffe*)
- Joyce Fries*
- Evelyn Jaffe* (*in memory of Dr. Robert Jaffe*)
- Susan Knox (*in memory of Drs. Fred and Elizabeth Hirsch*)
- Bonita Kraft*
- Fred Sammons
- Nancy Scott (*in honor of Lisa Test*)
- Julie Shaperman* (*in memory of Dr. Martin Shaperman*)
- Heidi Pendelton*

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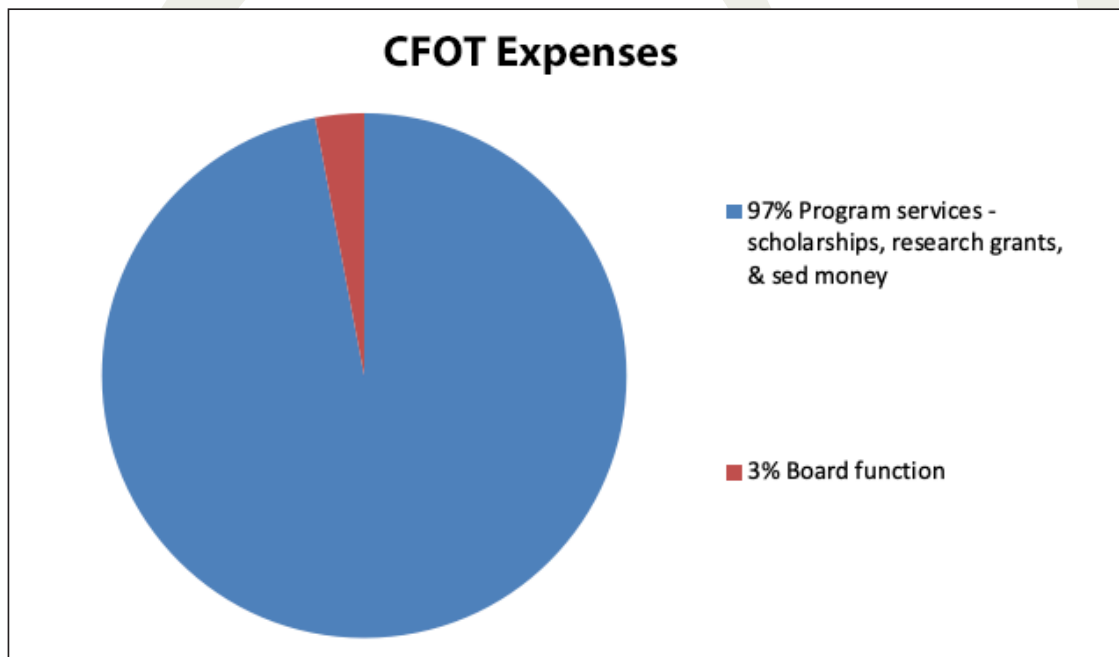
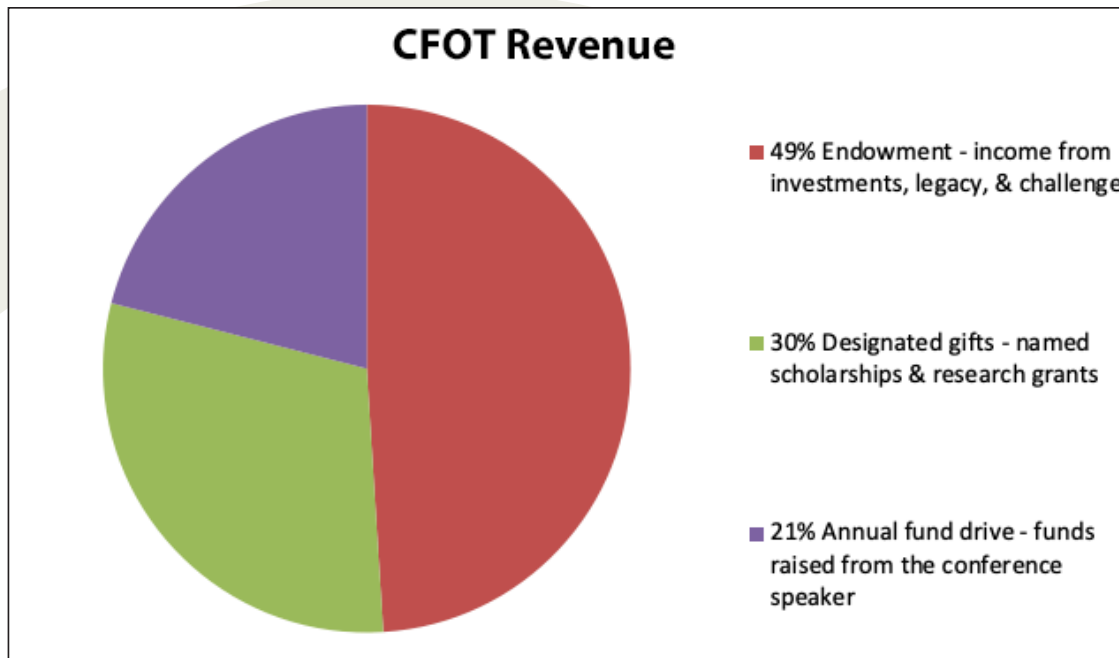
- Megan Chang
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- Samia Rafeedie
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- Lynette Walsh (*in memory of Melissa Szamet*)

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- Michal Atkins
- Janet Blair
- Deborah Morawski
- Janet Ray
- Loretta Reust

*denotes Legacy Circle members

WHERE DO YOUR CONTRIBUTIONS GO?



These two charts show our revenue and expenses for 2020. Our Board of Directors and members are all volunteers. They give generously of their time, money, and effort to support the development of our profession, the education of our students, and cutting edge research. They are also generous with their “non-monetary” contributions such as donating table decorations, phone calls, travel, paper and ink for copying and other gifts.

We appreciate your support through your contributions and gifts. THANK YOU!

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Occupational therapy transforms lives through individualized, innovative strategies for everyday living, and it is critical to ensure the future of our profession through your donations to CFOT.

Every gift counts! A donation to CFOT is an investment in the future of the occupational therapy profession.

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