



CALIFORNIA FOUNDATION FOR OCCUPATIONAL THERAPY

Volume 2

August 2019

PRESIDENT'S MESSAGE

Promoting the Value of Occupational Therapy



Pat Nagaishi, PhD, MA, OTR/L
CFOT President

From the beginning of occupational therapy as a profession, promoting the value of engagement in occupation and occupational therapy was a primary objective as was evident in the name of the National Society for the Promotion of Occupational Therapy, which was founded in 1917. The Society's objectives as specified in its Constitution included:

- “to study and advance curative occupations for invalids and convalescents;
- to gather news of progress in occupational therapy and to use such knowledge to the common good;
- to encourage original research,
- to promote cooperation among occupational therapy societies, and with other agencies of rehabilitation.”

As the profession moved forward, the name of the Society was changed to the American Occupational Therapy Association in 1921.

<https://www.aota.org/education-careers/accreditation/overview/history.aspx#sthash.dziySSDY.dpuf>

This history is important for a number of reasons, i.e., the past informs the present, and it sets the foundation that guides us into the future. As the profession has continued to evolve over the years, whether an individual OT practitioner or student, an OT association or organization, or an OT or OTA program, the basic principles of these original objectives are still applicable and relevant today, and they will likely remain into the future. We all have responsibility to promote the value of occupational therapy.



The Founders of OT 1917

(From the archive of AOTA,

<http://www.otcentennial.org/photo/the-founders-in-1917>

In 2015, as part of AOTA's Centennial Vision activities, then AOTA Vice President Amy Lamb, OTD, BS, OTR/L, FAOTA, led the distinct value ad hoc committee that developed a statement that captured occupational therapy's distinct value encompassing all areas of practice:

Occupational therapy's distinct value is to improve health and quality of life through facilitating participation and engagement in occupations, the meaningful, necessary, and familiar activities of everyday life.

Occupational therapy is client-centered, achieves positive outcomes, and is cost-effective (AOTA, 2015). <https://www.aota.org/Publications-News/AOTANews/2015/distinct-value-of-occupational-therapy.aspx>

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This statement was meant for OT practitioners to use to facilitate understanding of the value of occupational therapy with multiple audiences. While we may not use this exact statement in our everyday practice, it includes many of the key words we often use when speaking to others about occupational therapy, and the AOTA materials developed with specific distinct value statements for each practice area can also be useful resources.

What does all this have to do with the California Foundation for Occupational Therapy? Among the specific purposes of CFOT is to educate and provide information to other health care providers, agencies, clients, and the public about the value, benefit, and efficacy of occupational therapy in promoting health, wellness, and engagement and participation in everyday activities. In addition, the core values of CFOT include:

- Excellence in service to the public
- Excellence in supporting educational endeavors
- Support for innovative, evidence-based research in occupational therapy that includes health, wellness, prevention, disability, and community participation
- Promotion of leaders in occupational therapy
- Promotion of public awareness of the benefit of occupational therapy

In this issue of the newsletter, the CFOT is proud to highlight the 2019 recipients of CFOT scholarships, traineeships, research grants and seed money, as well as recipients of the CFOT Honored Lecturer Award, Humanitarian Award, and Meritorious Service Award. Since the founding of the California Foundation for Occupational Therapy in 1981, scholarships, traineeships, and research grants and seed money, have been awarded annually to occupational therapy and occupational therapy assistant students and practitioners that enhance not only their life-long education and training, but also inspire them to engage in innovative research and program development that contribute to the science, practice, and profession of occupational therapy. In other words, CFOT and these individuals have supported and contributed to the research and evidence that can also be used to inform others about the distinct value of occupational therapy across areas of practice, the continuum of wellness, health, and disability, and changing the lives of others.



The purpose of each of the three CFOT awards also encompasses the value of occupational therapy. The CFOT Honored Lecturer award recognizes California occupational therapy practitioners who have demonstrated leadership and promoted ideas and visions in occupational therapy for the profession and a presentation gives them an opportunity to share their insights and knowledge with the OT community at the CFOT Awards Luncheon and Symposium. In addition, the CFOT Humanitarian Award honors individuals or groups, who have demonstrated exceptional commitment to the philosophical principles of occupational therapy, and engaged in significant humanitarian activities, including:

- Helping to enhance and maximize the potential of the recipients of occupational therapy services
- Encouraging and fostering individual responsibility and human dignity
- Improving health status and enhancing quality of life
- Providing a model for community service
- Creating a healthy society.

2018 CFOT Awards Luncheon and Symposium Program

The CFOT Meritorious Service award is presented to an individual who has demonstrated exceptional service over five or more years as a current or past member of the CFOT Board and has made a major impact on advancing CFOT's mission and the profession in the present and into the future. You can read about the contributions and great work of the 2019 CFOT recipients in the following pages.

Looking back on the past recipients of CFOT scholarships, traineeships, and research grants and seed money, and the above awards, many of them have achieved professional advancement or continued in various roles, e.g., educators in OT and OTA programs, researchers, mentors and fieldwork educators, managers and directors in their practice settings, leaders in OT and other organizations, and more. From student to practitioner and further professional advancement, occupational therapy practitioners in California are making an impact every day on the lives of others, helping them to engage in and participate in the activities and occupations that are most meaningful to them.

In today's world of social media platforms, podcasts, TED Talks, YouTube videos, etc., there are multiple means to access occupational science and research information, and stories that inform and increase public awareness of the value of occupational therapy and reach global audiences.

Another focus of CFOT as we move forward into the next fiscal year and beyond, is to gather and share stories from California OT practitioners and clients, and collaborate with other entities to promote and increase public awareness of the distinct value of occupational therapy, as well as explore other ideas such as developing and sharing resources, and hosting, sponsoring and / or supporting educational events / activities for practitioners and consumers. We invite you to join us and harness your passion for occupational therapy to promote the value of occupational therapy and its impact on the lives of others. Here are ways you can help:

- Share your stories, and invite others to share their stories
 - Join and post on the California Foundation for Occupational Therapy Group Facebook page; post on Twitter #cfot, #OTchangeslives
 - Let us know about any media coverage of OT, e.g., local newspapers, news outlets, other broadcast media, etc.
- Help us with committee activities and events
- Give us ideas for fundraising activities or events
- Recommend potential sponsors for such activities or events
- Make a donation and invite others to make a donation – go to the CFOT website: www.cfot.org and scroll down to the bottom left of the page.

For more information, or to send your ideas and recommendations, please contact us at info@cfot.org

2019 HONORED LECTURER

Occupational Therapy and Neuroplasticity Following Traumatic Brain Injury: The CAPE Recovery Model.

The CFOT is pleased to announce Shawn Phipps, PhD, MS, OTR/L, FAOTA has been selected as the 2019 CFOT Honored Lecturer. He is currently the Chief Quality Officer and Associate Hospital Administrator at Rancho Los Amigos National Rehabilitation Center.

Dr. Phipps has served at Rancho Los Amigos National Rehabilitation Center for over 21 years as an occupational therapy practitioner, clinical specialist, supervisor, manager, and chief. He also serves as a member of the Board of Directors, the Institutional Review Board, and a Principal Investigator with the Rancho Research Institute. Dr. Phipps is the past Vice President and Board Director of the American Occupational Therapy Association (AOTA) and currently serves as the California Representative #1 to the AOTA Representative Assembly. He has also served two consecutive elected terms as the President of the Occupational Therapy Association of California (OTAC). Dr. Phipps is a member of the Board of Councilors at the University of Southern California Chan Division of Occupational Science and Occupational Therapy and has served as Adjunct Faculty at USC, San Jose State University, and California State University Dominguez Hills. He has also published and presented extensively at the state, national, and international level, including his recent TEDx talk, and serves as an Associate Editor for the *Occupational Therapy Manager* textbook through AOTA Press, with additional publications through the *American Journal of Occupational Therapy*, *Willard & Spackman's Occupational Therapy*, and *Pedretti's Occupational Therapy for Physical Dysfunction*.



Shawn Phipps, PhD, MA, OTR/L, FAOTA

Dr. Phipps was inducted as a Fellow of the American Occupational Therapy Association (FAOTA) and was a recipient of the AOTA Cordelia Myers Writer's Award, the OTAC Practice Award, the OTAC Award of Excellence, and the AOTA Recognition of Achievement for Excellence in Leadership, Management, and Administration. He is the past recipient of a California Foundation for Occupational Therapy (CFOT) Research Grant and two CFOT scholarships, including the first CFOT Janice Matsutsuyu Memorial Scholarship in 2005, and is a CFOT Living Legacy Circle Donor.

For his topic, Dr. Phipps will present on “Occupational Therapy and Neuroplasticity Following Traumatic Brain Injury: The CAPE Recovery Model.” He will share the inspirational story of the challenges and triumphs of a patient who suffered a severe traumatic brain injury from a motor vehicle accident. The power of Occupational Therapy and Neuroplasticity is described using the CAPE Recovery Model, which requires challenge, action, practice, and evaluation to build new pathways in the brain through the ordinary and extraordinary activities of daily life that support recovery so that individuals with traumatic brain injury and other disorders of the brain can live life to its fullest. You will experience laughter, tears, and joy as you hear the effect of occupational therapy and neuroplasticity in supporting recovery and beyond after a lifechanging injury to the brain.

Join us at the CFOT Awards Luncheon and Symposium at the OTAC Conference in Pasadena, October 18, 2019, to hear this inspiring story highlighting the power of occupational therapy and neuroplasticity in changing lives.

2019 HUMANITARIAN AWARD

This year, CFOT is presenting the Humanitarian Award to Elyse Gordon, in recognition of her dedication to fostering at-risk babies who have been abandoned or exposed to drugs, as well as her previous roles as a general education and special education teacher.

Originally from Racine, Wisconsin, Ms. Gordon moved to Long Beach after graduating college in 1969 to take a teaching position with the Long Beach Unified School District. She taught both general and special education and retired from teaching in 2007. She hated saying goodbye to her class at the end of the day, so she became a foster parent and even adopted one of the babies she fostered, Jennie, who turned 30 in January.

Ms. Gordon has been a foster parent since March of 1983 and has taken care of 140 children, most with special needs. She has cared for up to three babies at a time over the years. Her goal has been to provide an enriched environment for all her children. She has usually cared for newborns prenatally exposed to drugs. She receives these children straight from the hospital and they need to go through the withdrawal process, which is extremely difficult for their little bodies. On average, they stay with her for approximately 18 months.



Elyse Gordon

Almost all her children have required occupational and/or physical therapy due to highly increased muscle tone and delayed development. She has worked with many therapists throughout the last 36 years of fostering and has learned many techniques to help the babies. She also took a class on infant massage, which has been quite beneficial. Being a special education teacher has given her the knowledge of child development and how to work with the children.

She also has met with groups of potential foster families to answer questions, tell them of her experiences, and give them tips on what to expect. She has also led several support groups with other foster parents who were having difficulty. In the 1990's she was interviewed on cable television to talk about foster parenting, and in 2011 she was honored to win the Long Beach Hero of the Year award.

Her dedication to "making these babies whole" (as she stated in an KNX radio interview when honored for Hero of the Year) gives them the early foundation to encourage and foster individual responsibility and human dignity, enhancing quality of life, and providing a model of community service, all of which reflect the values and core foundations of occupational therapy and the principles of this award.

Ms. Gordon expressed, “This has been the most rewarding experience of my life and I will truly miss it when I retire, as I currently am fostering my final baby. I have truly been blessed to have been a part of the lives of so many beautiful children.”

2019 CFOT MERITORIOUS SERVICE AWARD

The CFOT is honored and privileged to pay tribute to and present the **Meritorious Service Award** to Julie Shaperman, MSPH, OTR/L, FAOTA. After nearly 40 years of sustained commitment to the California Foundation of Occupational Therapy, Julie recently resigned from her position as Vice President in November 2018. Julie has always been, and always will be, a profound

leader in the CFOT. She has been the “rock,” the “pillar,” and the original inspiration for, and one of the founders, of the California Foundation for Occupational Therapy.

As the first treasurer of Occupational Therapy Association of California (OTAC), Julie knew there would be many fiscal challenges in a new organization. She recognized that the newly formed OTAC did not have the resources to support any education or research activities for California occupational therapy practitioners and students, which she felt was necessary. Given the success of the American Occupational Therapy Foundation, she initiated the formation of a California foundation for OTAC. She met with attorneys, wrote the bylaws, presented them to the OTAC board, and with their approval, contacted the California Secretary of State. Thanks to her efforts, the CFOT was formed in 1981.



From L to R: Lois Barber, **Julie Shaperman**,
Evelyn Jaffe, Elizabeth Yerxa

Julie recruited Evelyn Jaffe to be the first president of CFOT and Julie remained on the board as Secretary/Treasurer and then as Treasurer until 1989.

She was then a member-at-large and took leadership of the policies and procedures of the Foundation. In 1980, Julie was asked to be the first vice president of CFOT, a position she held until late this year. During this time, Julie initiated the building of a new endowment fund, the Legacy Circle, to secure the future for giving scholarships and research grants.

Julie was and is a go-to colleague for sensitive and sound advice on a myriad of issues facing the Foundation and the profession. Her wise counsel is always given and appreciated and will always be sought. We will miss her as an officer of the foundation board, but the CFOT is delighted that she will remain as a member-at-large.

Julie’s initial vision and action to establish CFOT, and her dedication, commitment, and sustained service has been a tremendous contribution to CFOT and the profession of occupational therapy.

2018 CFOT Awards

The recipients of the 2018 CFOT awards were the following:

Honored Lecturer

Jerilyn (Gigi) Smith, PhD., OTR/L, FAOTA
The Power of Selective “Yes”

Humanitarian Award

Vijay Gupta

Meritorious Service Award

Dottie Ecker, MA, OTR, FAOTA

Please go to the CFOT website, www.cfot.org/cfot-awards-at-otac and www.cfot.org/newsletters/ to learn more about their fantastic accomplishments.

CFOT ON FACEBOOK

Join us on Facebook and help us build a following with social networking!

Find us at <https://www.facebook.com/groups/cfot.org/>.

Scholarships and Research Grants

A record number of 65 applications for 2019 CFOT scholarships, and 5 strong research grant applications were received this year. The scholarship and research grant applications are currently under review and the awardees will be announced at the CFOT Awards Luncheon and Symposium on October 18, 2019 held at the Occupational Therapy Association of California (OTAC) Annual Conference in Pasadena. Seed Money awards for 2019 have been awarded to 12 research projects and/or program development projects. For the first two quarters of 2019, funds have been awarded to student researchers from Dominican University and San Jose State University. Awardees will also be acknowledged in the CFOT Awards Luncheon Program. Please join us to honor these students and practitioners.

Seed Money Awards for 1st and 2nd Quarters, 2019

- 1. “Are all instrumental activities of daily living equal? A correlational study on the performances of adults with acquired brain injury.”**
Designated Principal Contact: Amy Tam, OTS
Collaborators: Crystal Lee, OTS; Samantha Schauer, OTS; Yarelli Vargas, OTS; Dominican University of California
Faculty Research Advisor: Kitsum Li, OTD, OTR/L, CSRS
- 2. “Focused Occupational Therapy Interventions for Clients with Heart Failure in Skilled Nursing Facilities.”**
Designated Principal Contact: Elena Vacaro, OTS
Collaborators: Camille Schilling, OTS, Hwa Chae, OTS; Dominican University of California
Faculty Research Advisor: Gina Tucker-Roghi, OTD, OTR/L
- 3. “San Jose State University Occupational Therapy Program Toyota Autonomous Vehicle Project (2018-2019)”**
Designated Principal Contact: Suzanne Walter, OTS
Collaborators: Mimi Stroud, OTS; Courtney Stonesifer, OTS, YK Liao, OTS; San Jose State University
Faculty Research Advisor: Wynn Schultz-Krohn, PhD, OTR/L, BCP, FAOTA
- 4. “Translating Evidence Based Mental Health interventions in a Skilled Nursing Facility Environment.”**
Designated Principal Contact: Cecelia Ly-Peh, OTS
Collaborators: Jan Martha Conducto, OTS; Natalie Barrales, OTS; Dominican University of California
Faculty Research Advisor Gina Tucker-Roghi, OTD, OTR/L
- 5. “Capturing the History of the Occupational Therapy Program at San Jose State.”**
University: A Narrative Analysis of the Perspectives and Experiences of Chairs
Designated Principal Contact: Jessica Perez, OTS
Collaborators: Kimiko McNiell, OTS; Monica Ondrizek, OTS; Aimee Penaloza, OTS; Jennifer Ohara, OTS; San Jose State University
Faculty Research Advisor: Heidi McHugh Pendleton, PhD, OTR/L, FAOTA
- 6. “Older adults’ knowledge and attitudes about fall prevention.”**
Designated Principal Contact: Emily Tunnat, OTS
Collaborators: Claire Mueller, OTS; Lauren Nguyen, OTS; Sierra Minton, OTS; San Jose State University
Faculty Research Advisor: Deborah Bolding, PhD, OTR/L, FAOTA
- 7. “Social networks and friendships in people with autism spectrum disorder.”**
Designated Principal Contact: Kristen Gallegos, OTS
Collaborators: Millie Book, OTS; Nina Caudill, OTS; Vanessa Weaver, OTS; Jed Dacquigan, OTS; San Jose State University
Faculty Research Advisor: Megan Chang, PhD, OTR/L
- 8. “The relationship between emotional well being, sensory processing, and sleep in older adults.”**
Designated Principal Contact: Christina Harvey, OTS
Collaborators: Lauren DeBoer, OTS; Heather Eads, OTS; Lani Hanson, OTS; Karen Hefter, OTS; San Jose State University
Faculty Research Advisor: Megan Chang, PhD, OTR/L
- 9. ”The Experience of Homeless Mothers Participating in Occupational Therapy Leisure Craft Groups.”**
Designated Principal Contact: Emily Winter, OTS
Collaborators: Carina Mena, OTS; Alison Roozeboom, OTS; Lisa Vu, OTS; Erica Yee, OTS; San Jose State University
Faculty Research Advisor: Winifred Schultz-Krohn, PhD, OTR/L, FAOTA
- 10. “Simulation laboratory experience compared to didactic teaching effects on interdisciplinary social problem-solving in graduate occupational therapy students.”**
Designated Principal Contact: Diana Villasenor Rodriguez, OTS
Collaborators: Michelle Agbayani, OTS; Kayla Armstrong, OTS; Gaby Belmonte, OTS; Kaysha Dorsey, OTS; Serina Murphy, OTS; San Jose State University
Faculty Research Advisor: Gigi Smith, PhD, OTR/L, FAOTA
- 11. “Parents’ Perceptions of Risky Play.”**
Designated Principal Contact: Grace Bishop, OTS
Collaborators: Lisbeth Geersten, OTS; Trina Godwin, OTS; Madeline Horn, OTS; Cathy Li, OTS; San Jose State University
Faculty Research Advisor: Anita Niehues, PhD, OTR/L
- 12. “The link between sensory modulation, anxiety, and interoception in typical adults.”**
Designated Principal Contact: Sara Laughter, OTS
Collaborators: Christine Kim, OTS; Vanessa Mitchell, OTS; Nhu Nguyen, OTS; Dominican University of California
Faculty Research Advisor: Julia Wilbarger, PhD, OTR/L

The CFOT website, www.cfot.org, has information about the individual types of scholarships and research grants available, as well as traineeships, and seed money. For more information, contact:

Scholarships: Laura Weiss, MS, OTR/L, textilegallery@aol.com

Research: Judith Palladino, MA, OTR, twopalls@yahoo.com
Heidi McHugh Pendleton, PhD, OTR/L, FAOTA, heidi.pendleton@sjsu.edu



2018 Scholarship Recipients

ENSURING THE FUTURE OF CFOT AND THE PROFESSION OF OCCUPATIONAL THERAPY

CFOT Legacy Circle

In 2016, CFOT embarked on a plan to ensure that it can continue to provide scholarships and support OT researchers in California and enhance its growth to advance and promote the profession of occupational therapy into the future.

The contributions in the endowment fund are invested so they grow in value each year. The earnings from these investments may be used each year to support California OT practitioners and students with scholarships and/or research funds, or it may be reinvested for added growth. Please join the pioneers who have started the Legacy Circle with a full contribution.

If you would like to join the CFOT Legacy Circle, make a contribution of \$2,500 in installments over five years, or as a lump sum, and you will be recognized as members of the CFOT Legacy Circle and continue to receive special commendation by CFOT.

Please send your full or partial contribution, specified for the Legacy Circle, to:

**CFOT Legacy Circle
826 Morningside Drive
Fullerton, CA 92835**

Legacy Circle Members

Michele Berro
Linda Florey
Evelyn Jaffe
Susan Knox
Bonita Kraft
Bonnie Nakasuji

Judi Palladino
Heidi Pendelton
Shawn Phipps
Julie Shaperman
Winifred Schultz-Krohn

By joining the CFOT Legacy Circle you will be among a distinguished group making a difference for a lifetime.

CALIFORNIA FOUNDATION FOR OCCUPATIONAL THERAPY CONTRIBUTIONS 2018

Silver Circle (\$1,000 – 4,999)

Luis Arabit
Michele Berro
Every Child Achieves
Evelyn Jaffe
Susan Knox
Bonnie Nakasuji
North Coast Medical
Fred Sammons
Julie Shaperman

USC Mrs. T.H. Chan Division of Occupational Science and
Occupational Therapy

Bronze Circle (\$500.00 – 999.99)

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Richard Bookwalter & Galen Leung
Linda Florey
Joyce Fries
Sue Harris
Bonita Kraft
Heidi McHugh Pendleton

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Laura Weiss
Mary Kay Wolfe

This list does not include the many generous contributors who supported CFOT by giving of their efforts, and for contributions to the CFOT silent auction, raffle, and challenge. Special thanks go to the following people who supported the 2018 \$500 challenge: Linda Florey, Michele Berro, Bonita Kraft, Richard Bookwalter, and Sue Harris. Thank you very much for your support; together we really have made a difference in occupational therapy research and education in California.



Michele Berro, Bonita Kraft, Linda Florey



Richard Bookwalter



Sue Harris

LET PEOPLE KNOW YOU THINK THEY ARE SPECIAL!

CFOT will acknowledge a memorial or special occasion by sending a card to the person you designate, telling them that you have made a contribution to CFOT in their memory or honor. Tell your family and friends about this special giving program - it's a meaningful way of saying that you care. If you are interested in establishing a memorial fund in the name of someone special, you and your friends may contribute in that person's memory. When that fund reaches a designated amount, the fund will be used for a named scholarship.

2018 SPECIAL GIVING

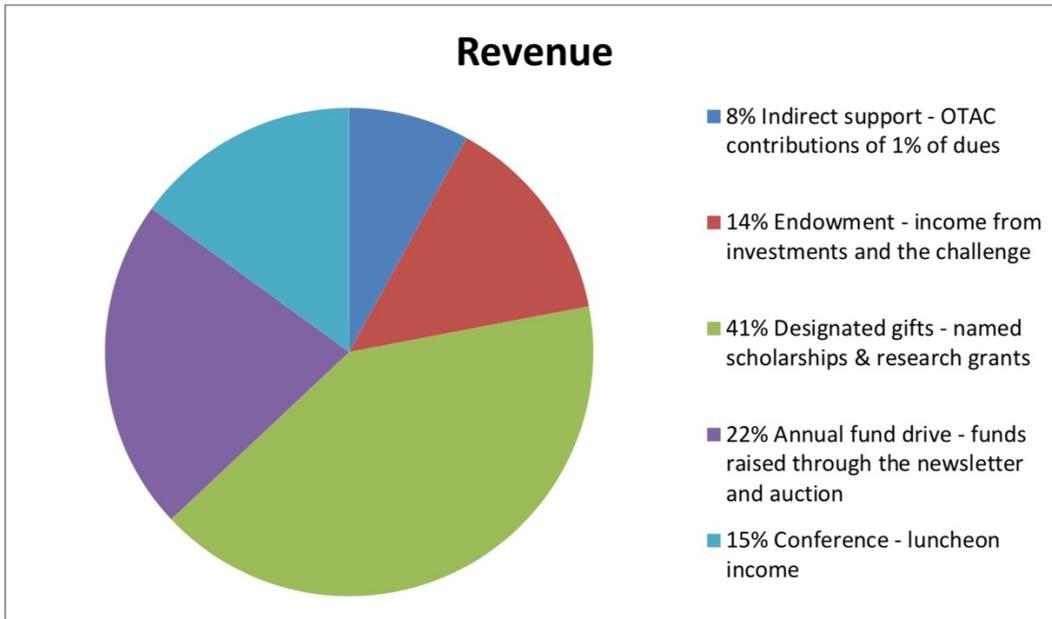
Valerie Adams	in memory of Dr. Billie Moore
Anonymous	in honor of Heather Kitching
Luis Arabit	in memory of Consuelo and Maria Luz Arabit
Lois Barber	in memory of Riley Nelson
Michele Berro	in memory of Mary Ann Epstein
Evelyn Jaffe	in honor of Dr. Robert Jaffe
Sarah Kelly	in memory of Claire and Ward Frea
Susan Knox	in memory of Drs. Fred and Elizabeth Hirsch, and Bill Hirsch
Jackie Mardirossian	in honor of Grace Baranek
Joanna Patton	in memory of Dr. Martin Shaperman
Ric Rasco	in memory of Tim Rasco
Susan Schultz	in memory of Eileen Auerbach
Julie Shaperman	in memory of Martin Shaperman

SPECIAL THANKS

Since CFOT was founded, CFOT and the Occupational Therapy Association of California (OTAC) have maintained a strong relationship and we want to give special thanks to OTAC for its long-standing support to CFOT philosophically and financially, during both lean and more prosperous times. OTAC provides the CFOT with 1% of its membership dues to collaborate with CFOT and provide support for activities or programs consistent with the educational and research/scholarship goals of both organizations. In addition, OTAC also provides support to CFOT conference events and activities, and we also look forward to expanding our collaborative endeavors in the future.



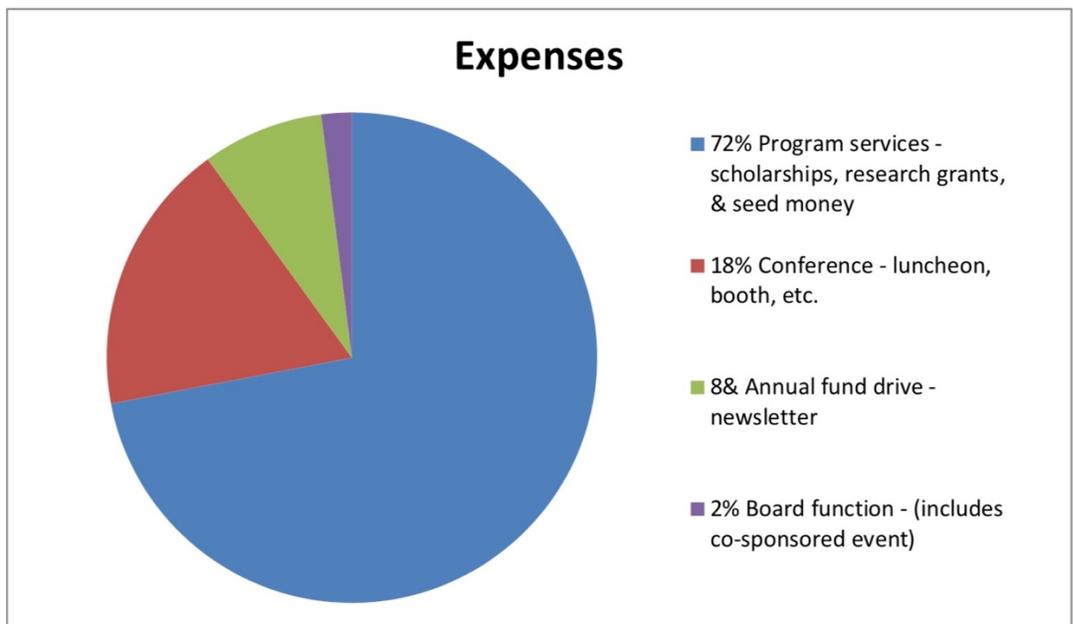
Where do your contributions go?



These two charts show our revenue and expenses for 2018. Our Board of Directors and members are all volunteers. They give generously of their time, money, and effort to support the development of our profession, the education of our students, and cutting-edge research. They are also generous with their “non-monetary” contributions such as donating table decorations, phone calls, travel, paper and ink for copying and other gifts.

We appreciate your support through your contributions and gifts.

THANK YOU!



CFOT Silent Auction

The 2019 OTAC Annual Conference & Expo is just around the corner, and, as you are making plans to attend this great event, are you scheduling time to visit the CFOT booth in the Exhibit Hall?

As you fill out your registration form, you may ask yourself, what is CFOT and why should I visit the CFOT booth and the silent auction? The California Foundation for Occupational Therapy is a non-profit public benefit foundation for the support of education and research in occupational therapy. CFOT utilizes several strategies to raise money to support ongoing provision of scholarships and research grants in occupational therapy. Last year, we raised \$2,526 from our silent auction and chance drawings. Our goal is to raise \$3,000 this year.

Remember, even if you only have a dollar, you have an opportunity to win an item and help CFOT at the same time. If you are an OT practitioner that has received a scholarship or grant or want a simple way to give back, please consider donating to CFOT to help us reach our goal. You can also consider donating items to our booth. Donations of auction items valued at \$25 or greater are needed as well as large items worth at least \$100 for chance drawings. To donate, please contact CFOT by email at silentauction@cfot.org.

We invite you to visit us at our booth and meet a CFOT board member to make a bid or participate in a drawing and learn more about CFOT.

Christine Wietlisbach, OTD, CHT and Danielle Meglio, COTA/L, MLD/CDT
CFOT Internal Development Co-Chairs

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Elizabeth Yerxa, EdD, OTR, FAOTA

Lynn Yasuda, MSED, OTR, FAOTA



CFOT Logo

For those of you who may not be aware of what our logo represents, it captures key principles and facets of the Foundation:

- The “O” shows continuous movement for forward visioning.
- The graphical “dot” indicates that this foundation is about people.
- The blue-green color represents water, movement, money, and growth.
- The brown color represents being rooted/grounded in history with the blue-green for growth and forward visioning.
- The larger letter “F” represents what we are, a non-profit foundation.
- Each letter has a different face, which represents the diversity of foundation interests.

California Foundation for Occupational Therapy
826 Morningside Drive
Fullerton, CA 92835

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MISSION

The **California Foundation for Occupational Therapy** is a non-profit (501c3) public benefit foundation whose mission is to advance the science of occupational therapy by enhancing the quality and knowledge of occupational therapy services to the public through support of occupational therapy research and educational endeavors.

CORE VALUES

- Excellence in service to the public
- Excellence in supporting educational endeavors
- Support for innovative, evidence-based research in occupational therapy that includes health, wellness, prevention, disability, and community participation
- Promotion of leaders in occupational therapy
- Promotion of public awareness of the benefit of occupational therapy