

39th Anniversary *1981-2020*



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826 Morningside Drive
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CFOT 39th Anniversary **Awards/Symposium**

Friday, October 9, 2020



HONORED LECTURER

Luis Arabit, OTD, MS, OTR/L, BCN,
BCPR, C/NDT, FAOTA

“Advocacy, Diversity and
Inclusion in Occupational Therapy:
An Evolutionary Process”

BIOGRAPHY

LUIS ARABIT, OTD, MS, OTR/L, BCN, BCPR, C/NDT, FAOTA

Dr. Luis de Leon Arabit is an Assistant Professor of Occupational Therapy at the Department of Occupational Therapy College of Health and Human Sciences at San Jose State University in San Jose, California. He earned his doctoral degree in occupational therapy from the University of Saint Augustine in Saint Augustine, FL; his Master of Science in rehabilitation sciences from Texas Tech University in Lubbock, TX; and his Bachelor of Science in occupational therapy from the University of the Philippines, Manila. He is an accomplished and experienced occupational therapist with a demonstrated history working in the hospital and healthcare industry with specific focus on neurorehabilitation, orthopedic clinical practice, and administration/management.

Dr. Arabit is the immediate past Supervisor of Occupational Therapy and former Leadership Coordinator of Pediatric Rehabilitation and The Cleft Palate Program at Adventist Health White Memorial in Los Angeles, CA. He is Board Certified in Neurorehabilitation & Physical Rehabilitation and holds a variety of practice certifications, notably NDT and PNF. Dr. Arabit is past Vice-President of the Occupational Therapy Association of California (OTAC), a former Chair of the OTAC Advocacy & Government Affairs Committee, and a former Chair of the Los Angeles Occupational Therapy Leadership Forum. He was the recipient of the 2016 Janice Matsutsuyu Outstanding Service award and the 2013 Luella Grangaard Political Action award from OTAC.

In 2020, Dr. Arabit was named Fellow of the American Occupational Therapy Association (FAOTA), an honor reserved for occupational therapists who have contributed significantly to the field. He was being honored as an "Occupational Therapy Expert Clinician, Leader, and Advocate." Due to the COVID-19 pandemic, Dr. Arabit who was scheduled to receive this honor at the 100th Conference in Boston, MA will now receive it at the 101st AOTA Conference in San Diego, CA. In addition, he was selected to receive the 2020 Distinguished Lectureship Award from the Asian-Pacific Heritage Occupational Therapy Association (APHOTA) and was also chosen as the 2020 Honored Lecturer by the California Foundation for Occupational Therapy (CFOT). More recently, he was named the 2020 Faculty-In-Residence of the Year at the 10th Annual San Jose State University, University Housing Services Spartas Awards.

CFOT 39th Anniversary Humanitarian Award Presentation



HUMANITARIAN AWARD PRESENTATION

Steve Rubin
Founder and President, WAVES

BIOGRAPHY

STEVE RUBIN, FOUNDER AND PRESIDENT, WAVES

Steve Rubin, founder and president of WAVES is being awarded the California Foundation of Occupational Therapy's Humanitarian Award. Steve has demonstrated a commitment to the values and mission of occupational therapy through his work with veterans over the past decade. He has enhanced the quality of the lives of veterans who faced mental health disorders, marriage problems, and difficulty integrating into civilian life.

Steve has been in the transportation industry for over 40 years working in nearly every aspect of the business from driving a truck to managing a UPS facility and owning a freight logistics business. His passion since the year 2000 has been working part time as a SCUBA diving Instructor in his free time. When Steve was out on a dive one day, he received a call from a veteran that needed help with painting. Steve explained that he was about to go on a SCUBA dive and that he would follow up afterwards. In response, the veteran told Steve that he would like to go on a dive despite being an amputee. Steve took up the challenge and figured out how to design an alternate wetsuit, obtain appropriate equipment and make this dream a reality. As a result of this experience, Steve and his wife founded the WAVES Project to bring the therapeutic value of SCUBA to help wounded veterans.

Steve's service has resulted in a community of divers who are both veterans and non-veterans and provide friendship and to support each other to help heal mind, body and spirit. Steve is a PADI certified IDC Staff Instructor, SSI Certified Instructor Trainer, First Aid/CPR Instructor Trainer and Handicap SCUBA Association Certified Instructor. Further, Steve has worked together with Loma Linda University to study the effects of SCUBA diving on veterans. Results indicate significant decreases in depression, anxiety, stress, PTSD and improved occupational performance and satisfaction. Without the support and effort Steve invested in research with Loma Linda University and Standbridge University, conducting such research studies would not have been possible.

Steve serves as full-time head of dive training operations as well as managing director of the WAVES Project. His organization has supported hundreds of veterans in obtaining their SCUBA diving certification, offering renewed hope and purpose, healing and enhanced quality of life. In recognition of Steve Rubin's commitment, he is awarded the 2020 CFOT Humanitarian Award.



CFOT 39th Anniversary Meritorious Service Award



MERITORIOUS SERVICE AWARD

Sue Knox, PhD., OTR/L, FAOTA

BIOGRAPHY

SUE KNOX, PHD., OTR/L, FAOTA

The CFOT is delighted to once again honor Sue Knox, PhD., OTR/L, FAOTA. Sue was the recipient of the Meritorious Service Award in 2004, and in 2020 we celebrate her continuing work as CFOT treasurer extraordinaire. In 1988 she assumed the role of treasurer and has been the CFOT treasurer for 32 years! Sue is only the second treasurer of CFOT. Julie Shaperman, MA, OTR/L, FAOTA, was the first. In addition to treasurer, Sue assumed the role and responsibility of fiscal advisor and chair of the Finance Committee following Carlotta Welles.

For 32 years she has made major commitments to keeping the CFOT solvent with good budgetary strategies and wise advice. She has consistently helped the CFOT craft attainable fiscal goals. It is not only for longevity that the CFOT honors Sue but for her astute remarks and suggestions that have had a major impact on CFOT policies and future directions.

In addition to her role as treasurer and fiscal advisor, Sue has made many contributions to CFOT. She established the Knox-Hirsch OTR Graduate Scholarship in Pediatrics, arranged slide shows at CFOT luncheon events, produced luncheon programs, donated her hand-crafted ceramic pieces to the silent auction, and hosted CFOT board meetings at her home in Hollywood.

Sue has always been generous with her time and energy in her service to occupational therapy organizations and has received many awards: OTAC's Practice Award, Award of Excellence, and Lifetime Achievement Award, AOTA's FAOTA distinction, CFOT's Honored Lecturer, and AOTF's Jean Ayres Award, to name a few.

Sue will retire as treasurer for CFOT at the end of this year. We thank her for her outstanding contributions to the CFOT and we wish her well!



2020 CFOT Scholarships & Traineeships

CFOT SCHOLARSHIPS

Janice Matsutsuyu Scholarships

*Shannon Westerberg,
University of Southern California*

*Noemie von Kaenei,
Dominican University of California*

Fred Sammons Scholarship

*Daniel Padilla Vega,
University of Southern California*

Evelyn Jaffe Scholarship

*David Pufki,
San Jose State University*

Knox-Hirsch Scholarship

*Stephanie Gomez-Rubalcava,
University of Southern California*

Ardith Breton Scholarship

*Kimberly Vu,
Cal State University Dominguez Hills*

Wilma West Scholarship

*Courtney Lemmerman,
Samuel Merritt University*

Michele Berro Scholarship

*Calvin Lee,
University of Southern California*

Frank J. Biehl Scholarship

*Aimee Villalpando,
West Coast University*

Chuck Strauch Scholarship

*Alyson Bothman,
San Jose State University*

Lisa Test Scholarship

*Rachel Kent,
University of Southern California*

Every Child Achieves Scholarship

*Jennifer Jeffery,
San Jose State University*

Bonita Kraft-Mental Health Scholarship

*Colleen Carroll,
University of Southern California*

In Memorium-Szamet/Harris Scholarship

*Kelly Bellemore,
San Jose State University*

OTA TRAINEESHIPS

Janice Matsutsuyu Scholarship

Robert White, Grossmont College

Los Angeles Consultants Group Traineeships

*Jose Marie Ignacio Mendozo,
American Career College-Orange Campus*

*Margaryta (Margo) Klementyeva,
CBD College*

*Cristina Acevez-Rivera,
Santa Ana College*

CFOT Traineeship

Charlene Hyun, Stanbridge University

2020 Research Grant Awards

We are very grateful to
all those individuals who
have established grants
to support the research
of practicing occupational
therapists, academicians,
and post-entry level
students engaged in
independent advanced
practice, doctoral level,
or post-doctoral level
research.

RESEARCH GRANTS (AWARDED ANNUALLY)

Lisa Test Research Grant (Endowed)
Up to \$1,500

Robert B. Jaffie, MD, Women's Health
Research Memorial Grant: Up to \$2,000

Luis Arabit Research Grant in Memory of
Consuelo & Marialuz Arabit: Up to \$1,000

Martin Shaperman, MD, Research Grant:
Up to \$2,000

Christine Wietlisbach LGBTQ
Research Grant: Up to \$1,000

Bonita Kraft Mental Health Research
Grant: Up to \$1,500

General Research Grant
(funds provided by CFOT): Up to \$6,000

RESEARCH GRANT AWARDS FOR 2020

General Research Grant Award

*Boguslawka (Bo) Syrotiak, MA, MS, OTR/L:
"The Role of Occupational Therapy
in Retirement Transition Among First
Responders"*

2020 Seed Money Awards

Awards of up to \$250 are awarded quarterly to practicing occupational therapists, academicians, entry-level occupational therapy students (individually or in groups) conducting pilot studies, needs assessments, developing new intervention or client education programs or projects. To date, approximately \$2,000 has been awarded annually.

SEED MONEY AWARDS FOR 2020

“Video Modeling and Occupational Engagement in Individuals with Autism Spectrum Disorder”

Gabrielle Ann Tabije, OTS, Katherine Blankenship, OTS, Teresa Le, OTS, & Brianna Rodrigues, OTS

Faculty Advisor: Laura Greiss Hess, Dominican University of California

“Visitor’s Training Program to Enhance Engagement in Meaningful Activities for Residents with Dementia in Skilled Nursing Facilities”

Victoria Ramia, OTS, Nhat Hoang, OTS, Kiyomi Kuroda, OTS, & Kelsey Wallace, OTS

Faculty / Site Advisors: Gina Tucker-Roghi, OTD, OTR/L, JB Chua, Director of Rehabilitation, & Casen Bush, Administrator, Dominican University of California

“Implementing Environmental Modifications to Enhance the Dining Experience for Individuals with Dementia in Skilled Nursing Facilities”

Vickie Nguyen, OTS, Julia Lee, OTS, Nooshin Moslehi, OTS, Cierra Passey, OTS, Aileen Quach, OTS, & Esther Yu, OTS

Faculty / Site Advisors: Gina Tucker-Roghi, OTD, OTR/L & Jayna Owens, DOR, SLP, Dominican University of California

“Driving Behaviors of Older Adults in the Community”

Alyson Bothman, OTS, Lisa Bullard OTS, Nicholas Chambers, OTS, Elisa Chan, OTS, Derek Colvin, OTS

Faculty Advisor: Winifred Schultz-Krohn, PhD, OTR/L, San Jose State University

continued

2020 Seed Money Awards

CFOT RESEARCH GRANT REVIEWERS

We would also like to thank the many occupational therapists who enthusiastically gave of their time, energy and expertise to review the research grant applications and assist in selecting deserving research for funding. Reviewers who participated in this process for the last four years included:

Allison Patterson Smith, Claudia Peyton, Karen Papesh, Carolyn Glogoski, Amy Salinas, Heather Javaherian, Donna Lashgari, Donna Breger Stanton, Christine Wietlisbach, Rochelle McLaughlin, Teri Peralta, Heather Kitching, Susan Schwartz, Kitsum Li, Eric Hwang, Megan Chang, Karen McCarthy, Anita Neihaus, Lora Woo, Chioa-Ju Fang, Domenique Embry Como, Gina Tucker-Roghi, Pamela Richardson, Robyn Wu, Sherry Hite, Laura Hess, Gigi Smith, and Deb Bolding.

As you can see we have a large community of volunteers who wholeheartedly support OT research and are willing to lend their expertise to the foundation to assure that worthy studies are supported. The list incorporates a wide variety of outstanding academics and clinicians across California. The Research Advisory Board depends upon their willingness to contribute in such a meaningful way to the Foundation to assure that our precious resources are distributed fairly and ethically. If you are considering contributing in this role of reviewer please email (info@cfot.org) the Research Advisory Co-Chairs and indicate your area of expertise. We will be delighted to call on you when an appropriate research grant application is submitted.

“Relationship between Sensory Integration and Occupational Performance and Participation”

Natalie Piwinski, OTS, Victoria Jess, OTS, Jordan Hoss, OTS, Rebecca Valasco, OTS

Faculty Advisor: Julia Wilbarger, PhD, OTR/L, Dominican University of California

“The Impact of Stress, Anxiety, and Depression in Occupational Performance in Graduate Students”

Elaine Lau, OTS, Stephanie Geneza, OTS, Sarah Hagen, OTS, Maikisch Ibay, OTS, Megan Karbun, OTS, Alexandra Kautz, OTS

Faculty Advisor: Megan Chang, PhD, OTR/L, San Jose State University

CFOT Honored Lecturers

HONORED LECTURERS

Elizabeth Yerxa, EdD, OTR/L, FAOTA.....	1983
Lois Barber, OTR/L, FAOTA.....	1984
Lela Llorens, PhD, OTR/L, FAOTA.....	1985
Florence Cromwell, MA, OTR/L, FAOTA.....	1986
Florence Clark, PhD, OTR/L, FAOTA.....	1987
Mary Reilly, EdD, OTR/L, FAOTA.....	1988
Claudia Allen, MA, OTR/L, FAOTA.....	1989
Elizabeth Yerxa, EdD, OTR/L, FAOTA.....	1990
Evelyn Jaffe, MPH, OTR/L, FAOTA.....	1991
Linda Florey, PhD, OTR/L, FAOTA.....	1992
Carlotta Welles, MA, OTR/L, FAOTA.....	1993
Mary Foto, OT/L, FAOTA.....	1994
Diane Parham, PhD, OTR/L, FAOTA.....	1995
Ruth Zemke, PhD, OTR/L, FAOTA.....	1996
Susan Knox, PhD, OTR/L, FAOTA.....	1997
Sandra Greene, MA, OTR/L.....	1998
Heidi Pendleton, PhD, OTR/L, FAOTA.....	1999
Dorothy Wilson, OTR/L, FAOTA.....	2000
Guy McCormack, PhD, OTR/L, FAOTA.....	2001
Gordon Giles, PhD, OTR/L, FAOTA.....	2001
Evelyn Jaffe, MPH, OTR/L, FAOTA.....	2001
Gordon Giles, PhD, OTR/L, FAOTA.....	2002
Diane Hendricks, MA, OTR/L, FAOTA.....	2003
Mary Margaret Evert, MBA, OTR/L, FAOTA.....	2004
Marcia Goodman-Lavey, Esq, OTR/L.....	2005
Marti Southam, PhD, OTR/L, FAOTA.....	2006
Y. Lynn Yasuda, MSED, OTR/L, FAOTA.....	2007
Kathleen Barker Schwartz, EdD, OTR/L, FAOTA.....	2008
Bonnie Nakasuji, OTD, OTR/L.....	2009
Mary Lawlor, ScD, OTR/L, FAOTA.....	2010
Pam Richardson, PhD, OTR/L, FAOTA.....	2011
Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA.....	2012
Erna Imperatore Blanche, PhD, OTR/L, FAOTA.....	2013
Heather Javaherian-Dysinger, OTD, OTR/L.....	2014
Deborah Bolding, PhD, OTR/L, FAOTA.....	2015
Lela Llorens, PhD, OTR/Ret., FAOTA.....	2016
Ada Boone Hoerl, MA, COTA/L.....	2017
Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA.....	2018
Shawn Phipps, PhD, MS, OTR/L, FAOTA.....	2019
Luis Arabit, OTD, MS, OTR/L, FAOTA.....	2020

CFOT Humanitarian Award

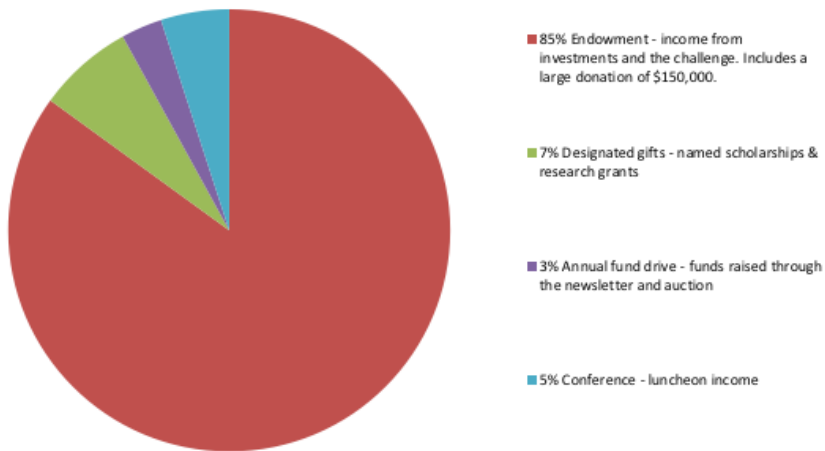
Purpose: to honor individuals or groups who, through their humanitarian activities, have demonstrated exceptional commitment to the philosophical principles of occupational therapy and to the mission and goals of CFOT.

HUMANITARIAN AWARDEES

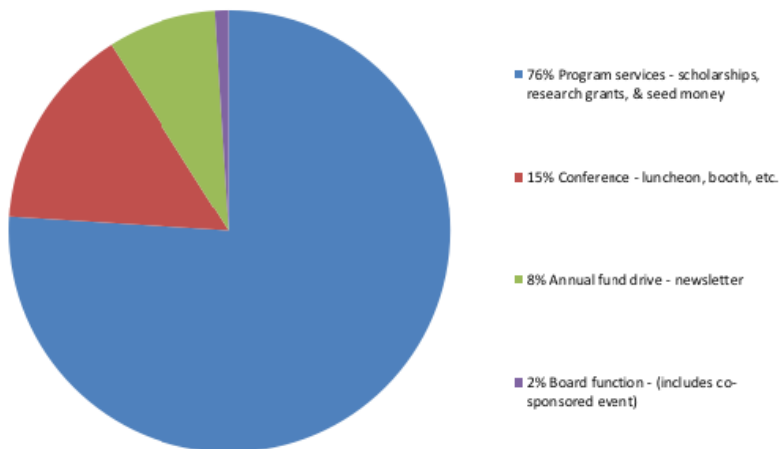
Frank and Lori Biehl	1993
Fred Sammons	1994
Aerial Gilbert and her guide dog, DeeAnn.....	1997
Patsy and Hal Hollister	2000
Barbara Phillips	2001
Dr. Ernie Bodai.....	2002
Tom Hale.....	2003
Nancy Somerville	2004
Foster N.Anderson	2005
Debra Uhles Tanaka	2006
Judith Gail Rodgers.....	2008
Bonnie Nakasuji.....	2009
Fr. Gregory J. Boyle, S.J.	2010
Joan Surfus	2011
Diane Mayfield	2013
Heather Javaherian-Dysinger.....	2014
Michelle Craft	2015
John Hwang	2016
Winifred Schultz-Krohn.....	2017
Vijay Gupta	2018
Elyse Gordon	2019
Steven Rubin.....	2020

Where do your contributions go?

Revenue



Expenses



These two charts show our revenue and expenses for 2019. Our Board of Directors and members are all volunteers. They give generously of their time, money, and effort to support the development of our profession, the education of our students, and cutting edge research. They are also generous with their “non-monetary” contributions such as donating table decorations, phone calls, travel, paper and ink for copying and other gifts.

We appreciate your support through your contributions and gifts. THANK YOU!

Major CFOT Donors

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Evelyn Jaffe – in memory of Dr. Robert Jaffe

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and in honor of Peter Hirsch*

Bonita Kraft

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Freddy Berger – Every Child Achieves

Christine Wietlisbach

YEARLY RESEARCH AWARD DONORS

Evelyn Jaffe – in memory of Dr. Robert Jaffe

Bonita Kraft

*Julie Shaperman – in memory of Dr. Martin
Shaperman*

*Luis Arabit – in memory of Consuelo and
Marialuz Arabit*

ENDOWED SCHOLARSHIPS

Jan Matsutsuyu

Ardith Breton

Wilma West

*Michele Berro – in memory of Mary Ann
Epstein*

Frank Biehl Opportunity

Chuck Strauch

Nancy Scott – in honor of Lisa Test

*In memoriam – Melissa Szamet
& Sue Harris*

OT Consultants Group traineeships

ENDOWED RESEARCH AWARDS

Nancy Scott – in honor of Lisa Test

AMOUNTS GIVEN OUT FOR SCHOLARSHIPS AND RESEARCH GRANTS IN 2019

Scholarships and traineeships – \$25,500

Research grants – \$11,500

Seed money – \$2,769

\$500 CHALLENGE

Linda Florey

Michele Berro

Bonita Kraft

Richard Bookwalter

Samia Rafiedie

LEGACY CIRCLE

Michele Berro

Linda Florey

Evelyn Jaffe

Susan Knox

Bonita Kraft

Bonnie Nakasuji

Judi Palladino

Heidi Pendleton

Shawn Phipps

Winifred Schultz-Krohn

Julie Shaperman

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Awards/Recognition

Diana Su-Erickson, OTR/L

Bylaws & Policies

Vacant

Conference

Kathryn Gundersen, MS, OTR/L

Bonita Kraft, OT

Electronic Newsletter (Interim)

Pat Nagaishi, PhD, MA, OTR/L

External Development

Evelyn Jaffee, MPH, OTR/L, FAOTA

Internal Development

Danielle Meglio, COTA/L, MLD/CTT

Christine Wietlisbach, OTR/L, OTD, CHT

Publicity/Newsletter

Vacant

Research

Judi Palladino, MA, OTR

Heidi Pendleton, PhD, OTR/L, FAOTA

Scholarships

Laura Weiss, MS, OTR/L

*Winifred Schultz-Krohn PhD, OTR/L,
BCP, FAOTA*

OTAC Liaison

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Elizabeth Yerxa, EdD, OTR, FAOTA

Sarah Kelly, OT/L

Linda Florey, PhD, OTR/L, FAOTA

Julie Shaperman, MSPH, OTR/L, FAOTA

MISSION STATEMENT

The California Foundation for Occupational Therapy is a non-profit (501(c)(3) public benefit foundation whose mission is to advance the science and practice of occupational therapy to enhance health, well-being, and participation in life activities for all individuals, communities, and populations through supporting and promoting occupational therapy research, education, and public awareness.



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