



CALIFORNIA FOUNDATION FOR OCCUPATIONAL THERAPY NEWSLETTER

WINTER 2022 - 2023

PRESIDENT'S MESSAGE

TRANSFORMING LIVES THROUGH INDIVIDUALIZED, INNOVATIVE STRATEGIES FOR EVERYDAY LIVING

By Pat Nagaishi, PhD, MA, OTR/L



The 2022 CFOT Awards/Symposium Luncheon was held at the Hyatt Regency in Santa Clara, and it was great to be back in person to see friends, colleagues, students, and make new contacts. There was no CFOT luncheon in 2020, and the CFOT Awards/Symposium

was virtual in 2021. The attendees showed their energy and excitement as they celebrated their connection and interaction in person. Highlights of the luncheon are described in the article by the CFOT Conference Chair, Katie Gundersen, and among them, she noted the recognition I received for my years of service as President of CFOT.

It was an honor to receive the Meritorious Service Award, presented by the CFOT Awards Chair, Diana Su-Erickson. My term as CFOT president started on January 1, 2018 and ended on December 31, 2022. It has been an honor and a privilege to serve these five years working with the CFOT Executive Committee, CFOT Board, and Association Resource Center (ARC), as we move forward with our mission “to advance the science and practice of occupational therapy to enhance health, wellbeing, and participation in life activities for all individuals, communities, and populations through

supporting and promoting occupational therapy research, education, and public awareness.”

It is important to keep up with current trends and the progression of the occupational therapy profession into the future, and to engage the next generation of potential leaders and Board members to keep CFOT moving forward.

I am not leaving CFOT entirely. I look forward to what comes ahead for CFOT and will continue to participate as a Member-at-Large.

Many thanks to the new CFOT President, Michele Berro, the CFOT Board and Committee Members (see complete list on page 18), the administrators and staff at ARC and OTAC, and the OT community for your continued support of CFOT.

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DONOR SPOTLIGHT:

JULIE SHAPERMAN, MSPH, OTR/L, FAOTA



CFOT is fortunate to have had many generous volunteers and contributors throughout its 40+ year history. One of these individuals is Julie Shaperman, who has been involved with CFOT since its inception. From her role on the Board of Directors during the foundation's early days, to making generous donations today, Julie has had a pivotal role in CFOT's history.



DONOR SPOTLIGHT

Julie Shaperman,
MSPH, OTR/L, FAOTA

In the 1980s, Julie was one of CFOT's founding members. When she was serving as the Treasurer for OTAC, she and the other association leaders wanted to do more to receive funding for occupational therapists. "We wanted to do something to make the profession more visible and more acceptable," Julie said. From there, CFOT was born.

Julie, along with CFOT's first two Presidents Evelyn Jaffe and Linda Florey, was essential in establishing the foundation. When CFOT was first starting out, Julie supported Evelyn and Linda when they faced challenges, and eventually, were able to work side by side with OTAC to help raise awareness and funds for occupational therapy. Throughout the ups and downs, Julie was grateful for the developing friendships she made along the way. "One of the things I've enjoyed most is the friendships I've made," Julie said. "They are all exceptional people and I've enjoyed getting to know them."

Julie's passion for helping others extends far beyond her work with CFOT. As a child who grew up during the Great Depression, she watched her parents struggle to make ends

meet. "Watching what my parent went through was terrible, and I always felt that if I could do something in my life where I could make a difference and help somebody, then maybe that could help me as well," Julie said. Julie knew she wanted to pursue a career assisting people in need and took an interest in the occupational therapy field. She eventually went on to have a career helping disabled children and take part in a research project at UCLA that assisted children with missing limbs.

Today, Julie is a retired occupational therapist, but she still contributes to the occupational therapy field as a generous donor of CFOT. Contributions like hers continue to allow CFOT to create opportunities for aspiring occupational therapists throughout the state.

We appreciate Julie's dedication and generosity to our foundation. People like her are truly the cornerstone of CFOT and will allow us to thrive for years to come. You too can make a difference, just like Julie, by volunteering your time or making a financial gift to CFOT. Whether you choose to make a large or small donation, or choose to contribute your time and talents, your efforts will be appreciated! Donate [here](#).

CALIFORNIA FOUNDATION FOR OCCUPATIONAL THERAPY

2022 HONORED LECTURER: CHRISTY BILLOCK

By Diana Su-Erickson



Christy Billock embarked upon her occupational therapy journey almost 30 years ago. Her professional path has yielded growth and experiences far beyond what she could have imagined at the onset. She is currently taking a sabbatical and is exploring new professional directions.

Dr. Billock worked in occupational therapy higher education for 24 years, and most recently was a Professor and Founding Program Director of the Occupational Therapy Doctorate (OTD) program at Keck Graduate Institute (KGI). Prior to working at KGI, she served as a Professor and Curriculum

Dr. Billock's clinical background is in inpatient rehabilitation, and she is a board-certified diplomate of the American College of Lifestyle Medicine. She has taught occupational therapy for 24 years in a broad range of subject areas including neuroscience, lifestyle medicine, geriatrics, rehabilitation, mental health, wellness, and occupational therapy history and theory. Dr. Billock has spoken at numerous state, regional, national, and international professional conferences. She is passionate about innovation in occupational therapy and growing the profession's role in health promotion.

She is the recipient of several awards, including the University of Southern California (USC) Creativity in Occupational Therapy Award, USC Penny Louise Richardson Award, Loma Linda University Faculty Recognition Award, West Coast University OT Faculty of the Year Award, Occupational Therapy Association of California Award of Excellence, and most recently, the California Foundation for Occupational Therapy Honored Lectureship.

Dr. Billock lives against the foothills of the San Gabriel Mountains with her husband and two teenage children, where she loves to spend time with family and friends. Her hobbies include yoga, working out, cooking, making pottery, swimming, meditation, and having meaningful conversations with others. She spends as much time as possible in both the local mountains and the Eastern Sierra, hiking, backpacking, and connecting with the natural world.

We are grateful to Dr. Billock for her thought provoking lecture during the CFOT Awards Luncheon and Symposium at the 2022 OTAC Conference.



CFOT 2022 HONORED LECTURER

Christy Billock, PhD, OTR/L, DipACLM

Preparing for the Future of Practice: Professional Growth, Self-Care, and Meaning

Coordinator of Occupational Therapy at West Coast University and as an Associate Professor at Loma Linda University.

She holds a PhD in Occupational Science from the University of Southern California, where her dissertation focused on women's experiences of spirituality in everyday life. Questions of meaning, mattering, and how it all relates to occupation have influenced her work over the course of her career. She created the Occupational Therapy Spiritual Assessment (OTSA) tool and is passionate about teaching students how to have conversations that matter with their clients. Her definition of spirituality is utilized in the *Occupational Therapy Practice Framework: Domain and Process*, 4th edition.

CFOT HONORED LECTURERS



Elizabeth Yerxa, EdD, OTR/L, FAOTA.....	1983	Gordon Giles, PhD, OTR/L, FAOTA	2002
Lois Barber, OTR/L, FAOTA	1984	Diane Hendricks, MA, OTR/L, FAOTA	2003
Lela Llorens, PhD, OTR/L, FAOTA	1985	Mary Margaret Evert, MBA, OTR/L, FAOTA.....	2004
Florence Cromwell, MA, OTR/L, FAOTA	1986	Marcia Goodman-Lavey, Esq, OTR/L	2005
Florence Clark, PhD, OTR/L, FAOTA	1987	Marti Southam, PhD, OTR/L, FAOTA	2006
Mary Reilly, EdD, OTR/L, FAOTA	1988	Y. Lynn Yasuda, MSED, OTR/L, FAOTA.....	2007
Claudia Allen, MA, OTR/L, FAOTA.....	1989	Kathleen Barker Schwartz, EdD, OTR/L, FAOTA....	2008
Elizabeth Yerxa, EdD, OTR/L, FAOTA.....	1990	Bonnie Nakasuji, OTD, OTR/L, FAOTA	2009
Evelyn Jaffe, MPH, OTR/L, FAOTA	1991	Mary Lawlor, ScD, OTR/L, FAOTA.....	2010
Linda Florey, PhD, OTR/L, FAOTA.....	1992	Pam Richardson, PhD, OTR/L, FAOTA	2011
Carlotta Welles, MA, OTR/L, FAOTA.....	1993	Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA...	2012
Mary Foto, OT/L, FAOTA	1994	Erna Imperatore Blanche, PhD, OTR/L, FAOTA	2013
Diane Parham, PhD, OTR/L, FAOTA.....	1995	Heather Javaherian-Dysinger, OTD, OTR/L.....	2014
Ruth Zemke, PhD, OTR/L, FAOTA	1996	Deborah Bolding, PhD, OTR/L, FAOTA.....	2015
Susan Knox, PhD, OTR/L, FAOTA.....	1997	Lela Llorens, PhD, FAOTA.....	2016
Sandra Greene, MA, OTR/L	1998	Ada Boone Hoerl, MA, COTA/L.....	2017
Heidi McHugh Pendleton, PhD, OTR/L, FAOTA	1999	Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA	2018
Dorothy Wilson, OTR/L, FAOTA.....	2000	Shawn Phipps, PhD, MS, OTR/L, FAOTA.....	2019
Guy McCormack, PhD, OTR/L, FAOTA.....	2001	Luis Arabit, OTD, MS, OTR/L, FAOTA.....	2020
Gordon Giles, PhD, OTR/L, FAOTA	2001	John Goodfellow, OTD, OTR/L.....	2021
Evelyn Jaffe, MPH, OTR/L, FAOTA	2001	Christy Billock, PhD, OTR/L, DipACLM.....	2022

SCHOLARSHIPS AND TRAINEESHIPS AWARDED AT THE 2022 CFOT LUNCHEON

By Laura Weiss and Winifred Schultz-Krohn



POST PROFESSIONAL SCHOLARSHIPS

Janice Matsutsuyu Scholarship
Jed David - Columbia University

ENTRY LEVEL SCHOLARSHIPS

Ardith Breton Scholarship
Cassandra Sigua - California State University at
Dominguez Hills

Chuck Strauch Scholarship
Nicole Orr - San Jose State University

Frank J. Biehl Opportunity Scholarship
Celine Rezvani - California State University
at Dominguez Hills

Fred Sammons Scholarship
Chantal Sotomayor - University of Southern California

Jaffe Graduate Scholarship
Julia Karczewski - Dominican University

Janice Matsutsuyu Scholarship
Rachel Garcia - California State University
at Dominguez Hills

Knox-Hirsch Scholarship
Michael Benson - San Jose State University

Linda Florey Scholarship
Thao Pham - San Jose State University

Lisa Test Scholarship
Lauren Worley - San Jose State University

**Michele Berro Scholarship
in Memory of Mary Ann Epstein**
Sienna Kuykendall - San Jose State University

Wilma West Scholarship
Sarah Larkin - University of Southern California

TRAINEESHIP

Janice Matsutsuyu Traineeship
Mary Ann Von Kluegl - Grossmont College

CFOT TRAINEESHIPS

Madeliene McGann-Swasey- Stanbridge University
Thalia Flores Zavala - Santa Ana College

Los Angeles Consultants Group Traineeships
Natalya Makoyed - Sacramento City College
Markela Cruz - CBD College

GREAT NEWS!

CFOT Scholarships are available for 2023

Students enrolled in the Entry-Level Masters or Doctorate degree and Post-Professional Graduate degree programs are eligible for a scholarship. The deadline for application submission is **March 31, 2023**.

For more information, students can access the CFOT website at www.cfot.org, call or write us.

CFOT Scholarship Co-Chairs

Laura Weiss, MS, OTR/L
818-400-5809 | textilegallery@aol.com

**Winifred Schultz-Krohn,
PhD, OTR/L, BCP, FAOTA**
408-924-3077 | Winifred.Schultz-Krohn@sjsu.edu

CFOT RESEARCH GRANT AWARDS

By Judith Palladino and Heidi McHugh Pendleton



AVAILABLE RESEARCH GRANTS (AWARDED ANNUALLY)

- Lisa Test Research Grant (endowed): up to \$1,500
- Robert B. Jaffe, MD, Women's Health Research Memorial Grant: up to \$2,000
- Luis Arabit Research Grant in Memory of Consuelo & Marialuz Arabit: up to \$1,000
- Martin Shaperman, MD, Research Grant: up to \$2,000
- Christine Wietlisbach LGBTQ Research Grant: up to \$1,000
- Bonita Kraft Mental Health Research Grant: up to \$1,500
- General Research Grant (funds provided by CFOT): up to \$6,000

Each and every donation to the Foundation — no matter how small — is important. This year, as we start to resume some normalcy in our professional and social activities, please consider the multiple ways you can support the work of CFOT. You really can make a difference.

CONGRATULATIONS TO THE RESEARCH GRANT AWARDEES FOR 2022



MELISA KAYE,
Ed.D, OTR/L,
ASSISTANT
PROFESSOR

San Jose State University
*“Investigating Resilience
in Families with Young
Children: Steps to
Inform Holistic Clinical
Interventions”*

Funding provided by the CFOT General Research Fund
and the Lisa Test Endowed Research Award



JACQUELINE TESKE,
MOT, OTR/L, OTD
STUDENT

Loma Linda University
*“Exploring the Impact of
an Occupational Program
for Former Sex Workers”*
Funding provided by the CFOT
General Research Fund



MARY MAVERICK,
OTR/L, OTD
STUDENT

Loma Linda University
*“Work-Life Balance Among
Home Health Clinicians”*
Funding provided by the CFOT
General Research Fund



MELISSA LUONG,
OTR/L, OTD
STUDENT

Loma Linda University
*“The Impact of Racism
and Ethnic Discrimination
on Students’ Educational
Experiences and
Occupational
Participation”*

Funding provided by the CFOT General Research Fund

We are very grateful to all individuals who have established grants to support the research of practicing occupational therapists, academicians, and post-entry level students engaged in independent advanced practice, doctoral level, or post-doctoral level research!

For guidelines and additional information for CFOT Research Grants and Seed Money, go to the CFOT website and click on the Research tab: cfot.org/research or contact the Research Advisory Co-Chairs:

Judith Palladino, MA, OTR
951-203-5071 | twopalls@yahoo.com

Heidi McHugh Pendleton, PhD, OTR/L, FAOTA
408-924-3308 | heidi.pendleton@sjsu.edu

2022 CFOT SEED MONEY AWARDEES

By Judith Palladino and Heidi McHugh Pendleton



“Promoting Student Success in a Flipped Classroom Environment: A Comparison of Concept Map and Reading Question Homework Strategies”

Nicole Apodaca, OTS
Brian Kim, OTS
Marieka Drovín, OTS
Stephanie Lake, OTS
Victoria Leung, OTS

Faculty Advisor: Melisa Kaye, Ed.D, OTR/L,
San Jose State University

“Description of Self-Efficacy and Parental Stress of Parents with Young Children in a Homeless Shelter”

Lauren Worley, OTS
Angela Yeon, OTS
Tiffany Wong, OTS
Eden Wong, OTS
Hope Weseloh, OTS

Faculty Advisors: Winifred Schultz-Krohn, PhD,
OTR/L, BCP, FAOTA
Courtney Boitano, OTD, OTR/L, BCBA-D
San Jose State University

“The Relationship Between Resilience, Sensory Processing, Sleep Quality, and Perceived Stress for Parents of Children with Autism Spectrum Disorder (ASD)”

Elana Candiotti, OTS
Chiana Hosseini, OTS
Mercedes Mansfield, OTS
Kate Hatch, OTS
Carley Kruger, OTS

Faculty Advisor: Megan Chang, PhD, OTR/L,
San Jose State University

“Naturally OT: Measuring the Outcomes of Outdoor Occupational Therapy in Young Children”

Gurdeepak Dale, OTS
Amanda Laccone, OTS
Zoe Peters, OTS
Brinda Saini, OTS
Amie Smith, OTS

Faculty Advisor: Julia Wilbarger, PhD, OTR/L,
Dominican University of California

“Occupation-Based Certified Nursing Assistant (CNA) Training Program”

Michelle Hong, OTS
Lucky Ung, OTS
Judy Chen, OTS

Faculty Advisor: Gina Tucker-Roghi, OTD, OTR/L, BCG,
Dominican University of California

“Knockout PD! Can Adherence to Home Programs be Achieved?”

Shawn Lopez, OTS
Judith Marie Cantiller, OTS
Brennan Decena, OTS
Caroline Stanford, OTS

Faculty Advisor: Kitsum Li, OTD, OTR/L,
Dominican University of California

Awards of up to \$250 are awarded quarterly to occupational therapy practitioners, academicians, and entry-level occupational therapy students (individually or in groups) conducting pilot studies, needs assessments, developing new intervention or client education programs or projects.

A HEARTFELT THANK YOU TO OUR REVIEWERS!

We would like to thank the many occupational therapists who enthusiastically gave their time, energy, and expertise to review the research grant applications and assist in selecting deserving research for funding. Reviewers who participated in this process for the last four years include:

Allison Patterson Smith, Claudia Peyton, Karen Papesch, Carolyn Glogoski, Amy Salinas, Heather Javaherian, Donna Lashgari, Donna Breger Stanton, Christine Wietlisbach, Rochelle McLaughlin, Terry Peralta, Heather Kitching, Susan Schwartz, Kitsum Lee, Eric Hwang, Julia Wilbarger, Megan Chang, Karen McCarthy, Anita Neihaus, Lora Woo, Chiao-Ju Fang, Dominique Embry, Gina Tucker-Roghi, Pamela Richardson, Robyn Wu, Sherry Hite, Laura Hess, Sharon Pavlovich, Gigi Smith, Jeanine Blanchard, Tiana Nguyen, Deb Bolding, Sheryl Ryan, Linda Florey, Janis Kishi Chow, Arameh Anvarizadeh.

The Research Advisory Committee depends upon the willingness of our reviewers to assure that CFOT's precious resources are distributed fairly and ethically. If you are considering contributing in this role of reviewer, please email the Research Advisory Committee co-chairs and indicate your area of expertise. We will be delighted to call upon you when an appropriate research grant application is submitted.

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CFOT HUMANITARIAN AWARDEES



Purpose: To honor individuals or groups who, through their humanitarian activities, have demonstrated exceptional commitment to the philosophical principles of occupational therapy and to the mission and goals of CFOT.

HUMANITARIAN AWARDEES

Frank and Lori Biehl.....	1993
Fred Sammons	1994
Aerial Gilbert and her guide dog, DeeAnn.....	1997
Patsy and Hal Hollister.....	2000
Barbara Phillips.....	2001
Dr. Ernie Bodai.....	2002
Tom Hale	2003
Nancy Somerville.....	2004
Foster N. Anderson.....	2005
Debra Uhles Tanaka.....	2006
Judith Gail Rodgers.....	2008
Bonnie Nakasuji.....	2009
Fr. Gregory J. Boyle, S.J.....	2010
Joan Surfus	2011
Diane Mayfield.....	2013
Heather Javaherian-Dysinger.....	2014
Michelle Craft	2015
John Hwang	2016
Winifred Schultz-Krohn.....	2017
Vijay Gupta.....	2018
Elyse Gordon	2019
Steven Rubin.....	2020

CFOT MERITORIOUS SERVICE AWARDEE



The purpose of this award is to honor an individual who has demonstrated exceptional effort on behalf of CFOT for five or more years, and who has made a major impact on the mission, goals, and objectives of CFOT in the present and for the future. CFOT would like to recognize Patricia Nagaishi for her years of hard work and dedication. During her tenure as Vice President and representative of OTAC, Pat was already making an impact on CFOT through her implementation of strategic planning as well as professionalization of the foundation. Pat has gone on to serve three terms as President of CFOT, shepherding the importance of having a vision, mission statement, and above all – a plan. Her expertise and unwavering passion for the world of occupational therapy have helped CFOT flourish; with a streamlined structure of fundraising, publicity, and an overall sophistication of which the foundation will only continue to benefit from. Throughout her career with CFOT, it has been clear that Pat’s true devotion to her work has not gone unnoticed. It is with great honor and gratitude that we present her with this Meritorious Service Award.



**MERITORIOUS
SERVICE
AWARDEE**

**Patricia Nagaishi,
PhD, MA, OTR/L**

SUPPORTING CFOT

By Bonita Kraft



It was a pleasure to be in person at our CFOT booth in the Exhibit Hall at the OTAC Conference last fall! Using our new banner, we greeted attendees of the conference and discussed our mission, and how their support raises funds for the scholarships and research grants we award to occupational therapy students and practitioners.

In addition, we met “The Challenge”! Thanks to some very special donors, we had the opportunity to turn \$500 donated by attendees at the 2022 OTAC conference into \$5,500! This past year, our donors pledged to match total donations of at least \$500 from conference attendees with an additional \$500 each. Here is the list of donors from this year’s “The Challenge:”

- Michele Berro
- Zuriel Chester
- Lisa Deshaies
- Bryant Edwards
- Mary Evert
- Linda Florey
- John Goodfellow
- Sue Knox
- Bonita Kraft
- Winifred Schultz-Krohn
- Erna Imperatore
- E. Lee Mandelbaum
- Gigi Smith

With additional pledges from Bonita Kraft and Michele Berro. A special thank you to Zuriel Chester, a student at San Jose State University, for managing “The Challenge” board and working the room! Great job.



CFOT AT THE OTAC CONFERENCE

By Katie Gundersen, CFOT Conference Chair



CFOT celebrated back “in-person” with a fabulous luncheon where we welcomed 79 OTs and a gallery of students who almost pushed the walls out of our beautiful room. Our greatest pleasure was announcing the Scholarship, Traineeship and Research Grant awardees. In addition, Pat Nagaishi was recognized for her years of service as President of CFOT. And Cindy Billock, as our Honored Lecturer, made us laugh, and think seriously about how to be good to ourselves while we work to bring health and positivity to our clients. We had several firsts, including recording our Honored Lecturer with plans to make her presentation available to those who could not make it to the conference last fall. CFOT looked to the future as we encouraged contributions and donations to bring fruition to our mission of advancing the science and practice of occupational therapy to enhance health, well-being, and participation in life activities for all individuals, communities, and populations through supporting and promoting occupational therapy research, education, and public awareness. We recognized and thanked our major donors and encouraged others to join this elite group. And we thanked John Goodfellow, who really set an example to emulate by sponsoring a full table so that his entire staff could join us in celebration. We would love to have you contribute your time, talents, and of course money to the efforts of CFOT. We look forward to hearing from you.

CFOT DRAWING WINNERS



CFOT recently held a drawing where participants had the opportunity to win one of five fabulous prizes! These included: gift card packages for restaurants, sweet shops, and shopping; as well as a desert oasis experience and a brunch hosted by Evelyn Jaffe.

Thank you to all who participated. And congratulations to the winners!

- Brunch By The Bay Hosted, By Evelyn Jaffe: Karen Polastri
- Shop Until You Drop Gift Drawing: Alexis Sobel
- Savory Dining Experience Gift Drawing: Katie Gundersen
- Sweet Treats Gift Drawing: David Escorial
- Desert Oasis Experience: Kristie Estes Culver

Thank you to the following people who made donations:

- Katie Gundersen
- Judith Palladino
- Diana Su-Erickson
- Luella Grangaard
- Evelyn Jaffe
- Lu Ann Sims Sorenson
- Christine Wietlisbach
- Laura Weiss
- Michele Berro
- Katie Lalanne
- Danielle Meglio
- Dolly Lemos
- Carol Holohan
- Donna and Donald Renfro
- Paulette and Duane Young

Thank you to the following businesses who donated gifts:

- Desert Willow Golf Course
- Tiffany's Sweet Spot Bakery
- Brandini Toffee
- Colson's Honey Caramels
- Legend Nails in Palm Desert, CA
- Trader Joe's in La Quinta, CA
- Lucky Boys Salon
- Olive A Sudden in Palm Desert, CA
- Ciro's Restaurant
- Le Star Tan

desert oasis
GIFT DRAWING
YOUR CHANCE TO WIN A DESERT EXPERIENCE LIKE NO OTHER!
\$100 gift card for...
TICKET PRICES
1 for \$5
3 for \$10
6 for \$20

sweet
GIFT DRAWING
SPURGE WITH THESE SWEET TREATS
GIFT certificate for...
TICKET PRICES
1 for \$5
3 for \$10
6 for \$20

brunch
GIFT DRAWING
ENJOY A DECADENT BRUNCH BY THE BAY IN TIBURON, CA
HOSTED BY Evelyn Jaffe
TICKET PRICES
1 for \$5
3 for \$10
6 for \$20

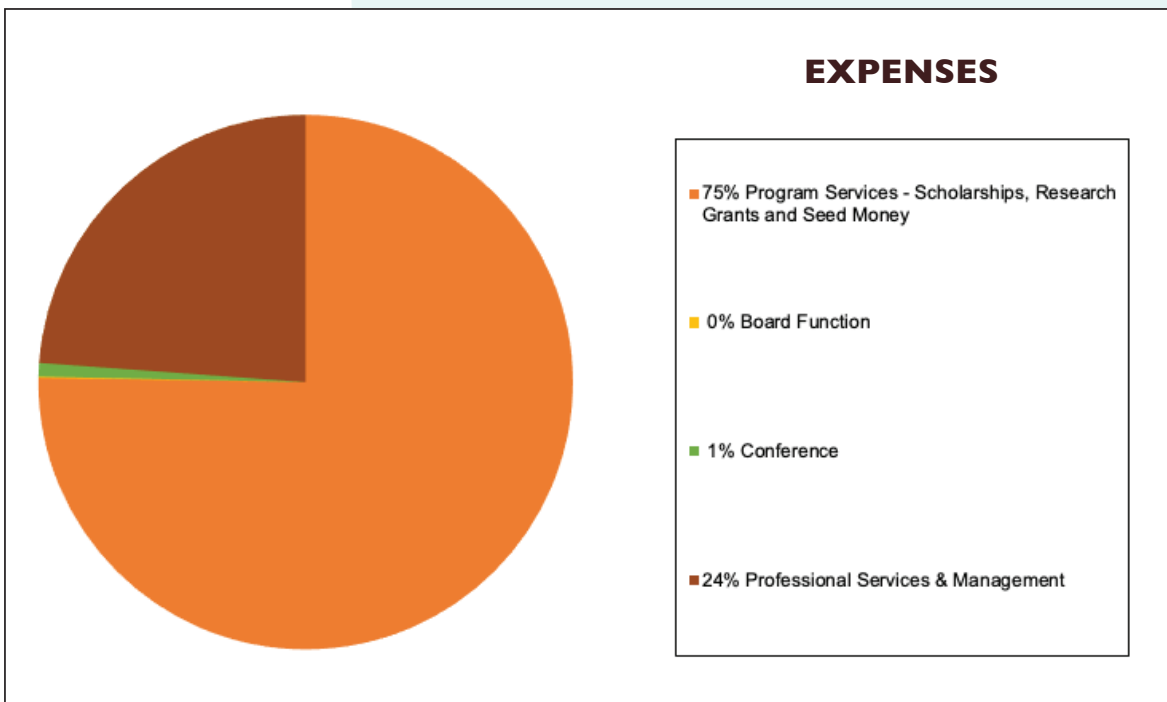
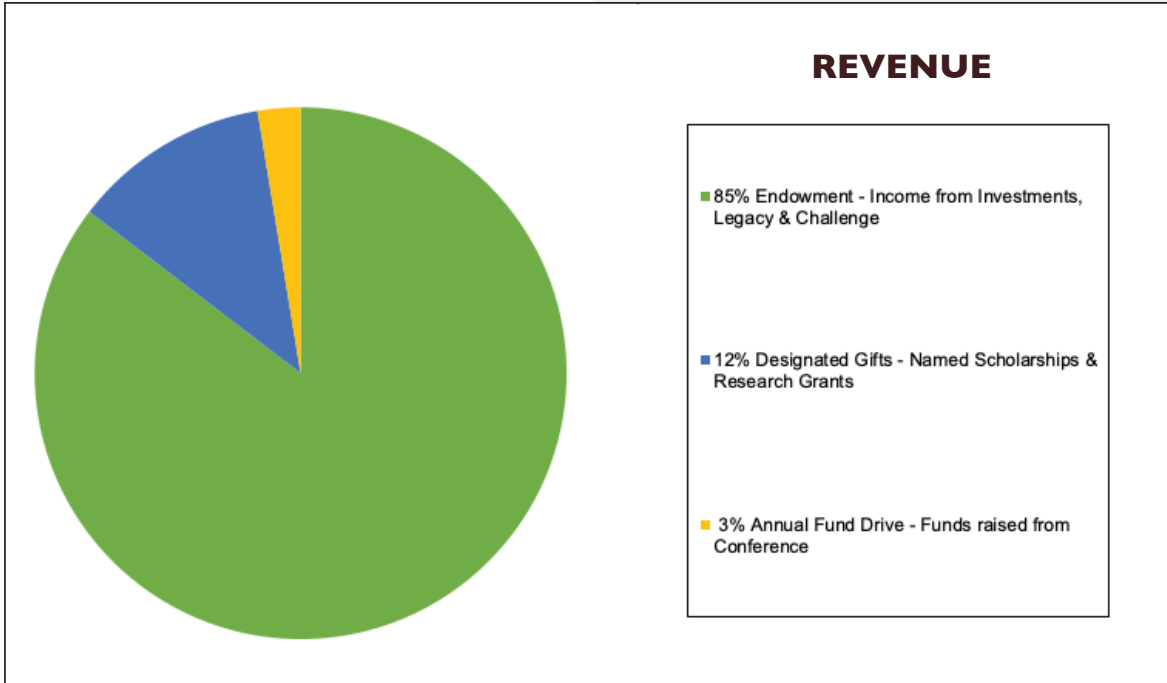
savory
GIFT DRAWING
ENJOY A NIGHT COOKING OR DINING OUT!
\$50 Restaurant Dining Card
\$25 gift card for...
TICKET PRICES
1 for \$5
3 for \$10
6 for \$20

shop
GIFT DRAWING
SHOP UNTIL YOU DROP!
\$50 gift card for Nordstrom
\$50 gift card for Costco
\$25 gift card for Target
\$25 gift card for Kohl's
\$25 gift card for Amazon
\$25 gift card for Ulta
\$25 gift card for TJ Maxx
TICKET PRICES
1 for \$5
3 for \$10
6 for \$20





WHERE DO YOUR CONTRIBUTIONS GO?



These two charts show our revenue and expenses for 2021. Our Board of Directors and members are all volunteers. They give generously of their time, money, and effort to support the development of our profession, the education of our students, and cutting-edge research. They are also generous with their “non-monetary” contributions, such as table decorations, phone calls, travel, paper and ink for copying and other gifts. We appreciate your support through your contributions and gifts. THANK YOU!

CFOT MAJOR DONORS 2021-2022



GOLD (\$20,000 +)

- Julie Shaperman

SILVER (\$7,500 – \$19,999)

- Fred Sammons

BRONZE (\$1,001 – \$7,499)

- Patricia Nagaishi

LONG TERM BENEFACTORS

Legacy Circle Members:

The Legacy Circle is an endowment fund that was established in 2016 to ensure that CFOT can continue to provide scholarships and support OT researchers in California and enhance its growth to advance and promote the profession of occupational therapy into the future.

To be a member of the CFOT Legacy Circle, you must make a contribution of \$2,500. This contribution can be made in installments over five years or as a minimum contribution. Once you have reached your lump sum, you will be recognized as a Member of the CFOT Legacy Circle. Members of the Legacy Circle include:

- Michele Berro
- Linda Florey
- Joyce Fries
- Evelyn Jaffe
- Susan Knox
- Bonita Kraft
- Bonnie Nakasuji
- Judith Palladino
- Heidi McHugh Pendleton
- Shawn Phipps
- Winifred Schultz-Krohn
- Julie Shaperman

Contributions from these donors have made the Endowed Scholarships possible:

- Jan Matsutsuyu
- Nancy Scott – in honor of Lisa Test
- Fred Sammons
- Michele Berro – in memory of Mary Ann Epstein

The following CFOT scholarships are awarded annually through the large donations that have become known as our Endowed Funds.

The following named CFOT scholarships are:

- Frank J. Biehl Opportunity Scholarship
- Ardith Breton Scholarship
- Wilma West Post OTR Graduate Scholarship
- Chuck Strauch Scholarship
- In Memoriam Scholarship

Thank you to our Named Scholarship Donors whose Scholarships were given in 2022

- Knox-Hirsch Scholarship
- Linda Florey Scholarship
- Jaffe Graduate Scholarship

CFOT DONORS 2021-2022

CFOT Donors through December 2022



PATRON (\$500 – \$1,000)

- Susan Knox
- Judith Palladino
- Heidi McHugh Pendleton

SPONSOR (\$250 – \$499)

- Mary Lawler
- Yuriko Yasuda

DONOR (\$10 – \$249)

- | | |
|----------------------|-------------------------|
| • Luis Arabit | • Katrina Long |
| • Michele Berro | • Tiffanie Muraoka |
| • Maria Deniston | • Lexi Nadler |
| • Mary DiGeranino | • Network for Good |
| • Erin Dolin | • Grace Perry |
| • Mary Beth Evans | • Samia Rafeedie |
| • Stephanie Foster | • Sheryl Ryan |
| • Moria Gallagher | • Wynn Schultz-Krohn |
| • Cindy Garcia | • Alexis Sobel |
| • Alison George | • Susan Spitzer |
| • John Goodfellow | • Rosemary Sullivan |
| • Laura Grandcolas | • Judith Thepkaisone |
| • Kathryn Gundersen | • Shawna Townsend |
| • Dawn Hironaka | • Gina Tucker-Roghi |
| • Tammy Hitchcock | • Samantha Valasek |
| • Ada Boone Hoerl | • Brittney Weinerth |
| • Michelle Hong | • Laura Weiss |
| • Christine Jackson | • Christine Wietlisbach |
| • Heather Javaherian | • Carolyn Wilson |
| • Melisa Kaye | • Lora Woo |
| • Heather Kitching | • John Watson |
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CONFERENCE CHALLENGE (\$500)

OTAC Members pledge to match total donations of at least \$500 from conference attendees with an additional \$500.

These are the members that have founded the Conference Challenge.

- Bonita Kraft
- Michele Berro
- Linda Florey

SCHOLARSHIPS AVAILABLE

CFOT awards scholarships to occupational therapy students and traineeships for occupational therapy assistant students.

- Linda Florey Scholarship – \$2,000
- Jaffe Graduate Level Scholarship – \$1,500
- Knox-Hirsch OTR Graduate Scholarship – Pediatrics – \$1,000

RESEARCH GRANT

Awards for research grants are available to practicing occupational therapists (licensed in California) including academicians and post entry-level students engaged in independent advanced practice, doctoral level, or post-doctoral level research.

RESEARCH GRANTS AVAILABLE

General Grants: Up to \$6,000 available per grant.

- Dr. Robert B. Jaffe, MD, Women's Health Research Grant: Up to \$2,500 available to fund research in women's health issues.
- Luis Arabit Research Grant in Memory of Consuelo & Marialuz Arabit: Up to \$1,000 available to fund physical dysfunction research.
- Bonita Kraft Research Grant: Up to \$1,500 available to fund mental health research.
- Christine Wietlisbach Research Grant: Up to \$1,000 available to fund LGBTQ research.
- Lisa Test Endowed Research Award: Up to \$1,500 available to fund research in women's mental health, pediatrics, or occupation-centered practice.

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