



*41st Awards Luncheon
& Symposium
1981-2022*

CFOT 41st Anniversary Awards/Symposium

Friday, October 28, 2022



HONORED LECTURER

Christy Billock,
PhD, OTR/L, DipACLM

Preparing for the Future of Practice:
Professional Growth, Self-Care, and
Meaning

BIOGRAPHY

CHRISTY BILLOCK, PhD, OTR/L, DipACLM

Christy Billock embarked upon her occupational therapy journey almost 30 years ago. Her professional path has yielded growth and experiences far beyond what she could have imagined at the onset. She is currently taking a sabbatical and is exploring new professional directions.

Dr. Billock worked in occupational therapy higher education for 24 years and most recently was a Professor and Founding Program Director of the Occupational Therapy Doctorate (OTD) program at Keck Graduate Institute (KGI). Prior to working at KGI she served as a Professor and Curriculum Coordinator of Occupational Therapy at West Coast University and previously was an Associate Professor at Loma Linda University.

She holds a PhD in Occupational Science from the University of Southern California, where her dissertation focused on women's experience of spirituality in everyday life. Questions of meaning, mattering, and how it all relates to occupation have influenced her work over the course of her career. She created the Occupational Therapy Spiritual Assessment (OTSA) tool and is passionate about teaching students how to have conversations that matter with their clients. Her definition of spirituality is utilized in the Occupational Therapy Practice Framework: Domain and Process, 4th edition.

Dr. Billock's clinical background is in inpatient rehabilitation and she is a board-certified diplomate of the American College of Lifestyle Medicine. She has taught occupational therapy for 24 years in a broad range of subject areas including neuroscience, lifestyle medicine, geriatrics, rehabilitation, mental health, wellness, and occupational therapy history and theory. Dr. Billock has spoken at numerous state, regional, national, and international professional conferences. She is passionate about innovation in occupational therapy and growing the profession's role in health promotion.

She is the recipient of several awards including the University of Southern California (USC) Creativity in Occupational Therapy Award, USC Penny Louise Richardson Award, Loma Linda University Faculty Recognition Award, West Coast University OT Faculty of the Year Award, Occupational Therapy Association of California Award of Excellence, and most recently, the California Foundation for Occupational Therapy Honored Lectureship.

Christy lives against the foothills of the San Gabriel mountains with her husband and two teenage children where she loves to spend time with family and friends. Favorite occupations include yoga, working out, cooking, making pottery, swimming, meditation, and having meaningful conversations with others. She spends as much time as possible in both the local mountains as well as the Eastern Sierra hiking, backpacking, and connecting with the natural world.

CFOT Honored Lecturers

HONORED LECTURERS

Elizabeth Yerxa, EdD, OTR/L, FAOTA ...	1983
Lois Barber, OTR/L, FAOTA	1984
Lela Llorens, PhD, OTR/L, FAOTA	1985
Florence Cromwell, MA, OTR/L, FAOTA	1986
Florence Clark, PhD, OTR/L, FAOTA ...	1987
Mary Reilly, EdD, OTR/L, FAOTA	1988
Claudia Allen, MA, OTR/L, FAOTA	1989
Elizabeth Yerxa, EdD, OTR/L, FAOTA ...	1990
Evelyn Jaffe, MPH, OTR/L, FAOTA	1991
Linda Florey, PhD, OTR/L, FAOTA	1992
Carlotta Welles, MA, OTR/L, FAOTA ...	1993
Mary Foto, OT/L, FAOTA	1994
Diane Parham, PhD, OTR/L, FAOTA	1995
Ruth Zemke, PhD, OTR/L, FAOTA	1996
Susan Knox, PhD, OTR/L, FAOTA	1997
Sandra Greene, MA, OTR/L	1998
Heidi Pendleton, PhD, OTR/L, FAOTA.	1999
Dorothy Wilson, OTR/L, FAOTA	2000
Guy McCormack, PhD, OTR/L, FAOTA	2001
Gordon Giles, PhD, OTR/L, FAOTA	2001
Evelyn Jaffe, MPH, OTR/L, FAOTA	2001
Gordon Giles, PhD, OTR/L, FAOTA	2002
Diane Hendricks, MA, OTR/L, FAOTA	2003
Mary Margaret Evert, MBA, OTR/L, FAOTA	2004
Marcia Goodman-Lavey, Esq, OTR/L	2005
Marti Southam, PhD, OTR/L, FAOTA ...	2006
Y. Lynn Yasuda, MEd, OTR/L, FAOTA ..	2007
Kathleen Barker Schwartz, EdD, OTR/L, FAOTA	2008
Bonnie Nakasuji, OTD, OTR/L	2009
Mary Lawlor, ScD, OTR/L, FAOTA	2010
Pam Richardson, PhD, OTR/L, FAOTA	2011
Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA	2012
Erna Imperatore Blanche, PhD, OTR/L, FAOTA	2013
Heather Javaherian-Dysinger, OTD, OTR/L	2014
Deborah Bolding, PhD, OTR/L, FAOTA	2015
Lela Llorens, PhD, OTR/Ret., FAOTA ...	2016
Ada Boone Hoerl, MA, COTA/L	2017
Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA	2018
Shawn Phipps, PhD, MS, OTR/L, FAOTA	2019
Luis Arabit, OTD, MS, OTR/L, FAOTA	2020
John Goodfellow, OTD, OTR/L	2021
Christy Billock, PhD, OTR/L, DipACLM	2022

2022 CFOT Scholarships & Traineeships

POST PROFESSIONAL SCHOLARSHIPS

Janice Matsutsuyu Scholarship

*Jed David - Columbia University Vagelos
College of Physicians and Surgeons*

ENTRY LEVEL SCHOLARSHIPS

Ardith Breton Scholarship

*Cassandra Sigua - California State University
at Dominguez Hills*

Chuck Strauch Scholarship

Nicole Orr - San Jose State University

Frank J. Biehl Opportunity Scholarship

*Celine Rezvani - California State University
at Dominguez Hills*

Fred Sammons Scholarship

*Chantal Sotomayor - University of Southern
California*

Jaffe Graduate Scholarship

Julia Karczewski - Dominican University

Janice Matsutsuyu Scholarship

*Rachel Garcia - California State University at
Dominguez Hills*

Knox-Hirsch Scholarship

Michael Benson - San Jose State University

Linda Florey Scholarship

Thao Pham - San Jose State University

Lisa Test Scholarship

Lauren Worley - San Jose State University

Michele Berro Scholarship in memory
of Mary Ann Epstein

*Sienna Kuykendall - San Jose State
University*

Wilma West Scholarship

*Sarah Larkin - University of Southern
California*

TRAINEESHIP AWARDEES

Janice Matsutsuyu Traineeship

Mary Ann Von Kluegl - Grossmont College

CFOT Traineeship

*Madeliene McGann-Swasey - Stanbridge
University*

Thalia Flores Zavala - Santa Ana College

Los Angeles Consultants Group Traineeships

Natalya Makoyed - Sacramento City College

Markela Cruz - CBD College

2022 Research Awards

RESEARCH AWARDS

INVESTIGATING RESILIENCE IN FAMILIES WITH YOUNG CHILDREN: STEPS TO INFORM HOLISTIC CLINICAL INTERVENTIONS



Melisa Kaye, Ed.D., OTR/L
Assistant Professor
San Jose State University
Funding provided by The CFOT General Fund and the The Lisa Test Endowed Research Award

THE IMPACT OF RACISM AND ETHNIC DISCRIMINATION ON STUDENTS' EDUCATIONAL EXPERIENCES AND OCCUPATIONAL PARTICIPATION



Melissa Luong, OTR/L, OTD Student
Loma Linda University
Funding provided by The CFOT General Fund

WORK-LIFE BALANCE AMONG HOME HEALTH CLINICIANS



Mary Maverick, OTR/L, OTD Student
Loma Linda University
Funding provided by The CFOT General Fund

EXPLORING THE IMPACT OF AN OCCUPATIONAL THERAPY PROGRAM FOR FORMER SEX WORKERS



Jacqueline Teske, MOT, OTR/L, OTD Student
Loma Linda University
Funding provided by The CFOT General Fund

We are very grateful to all those individuals who have established grants to support the research of practicing occupational therapists, academicians, and post-entry level students engaged in independent advanced practice, doctoral level, or post-doctoral level research.

2022 Seed Money Awards

Awards of up to \$250 are awarded quarterly to practicing occupational therapists, academicians, entry-level occupational therapy students (individually or in groups) conducting pilot studies, needs assessments, developing new interventions or client education programs or projects. To date, approximately \$2,000 has been awarded annually.

SEED MONEY AWARDS FOR 2022

Promoting Student Success in a Flipped Classroom Environment: A Comparison of Concept Map and Reading Question Homework Strategies

Author(s): Nicole Apodaca, OTS; Brian Kim, OTS; Marieka Drovín, OTS; Stephanie Lake, OTS; Victoria Leung, OTS

Faculty Advisor: Melisa Kaye, EdD, OTR/L

School: San Jose State University

Description of self-efficacy and parental stress of parents with young children in a homeless shelter

Author(s): Lauren Worley, OTS; Angela Yeon, OTS; Tiffany Wong, OTS; Eden Wong, OTS; Hope Weseloh, OTS

Faculty Advisors: Winifred Schultz-Krohn, PhD, OTR/L, BCP, SWC, FAOTA; Courtney Boitano, OTD, OTR/L, BCBA-D

School: San Jose State University

The relationship between resilience, sensory processing, sleep quality, and perceived stress for parents of children with autism spectrum disorder (ASD)

Author(s): Elana Candiotti, OTS; Chiana Hosseini; Mercedes Mansfield; Kate Hatch; Carley Kruger

Faculty Advisor: Megan Chang, PhD, OTR/L

School: San Jose State University

continued

2022 Seed Money Awards

CFOT RESEARCH GRANT REVIEWERS

We would also like to thank the many occupational therapists who enthusiastically gave of their time, energy and expertise to review the research grant applications and assist in selecting deserving research for funding. Reviewers who participated in this process for the last four years included:

Allison Patterson Smith, Claudia Peyton, Karen Papesh, Carolyn Glogoski, Amy Salinas, Heather Javaherian, Donna Lashgari, Donna Breger Stanton, Christine Wietlisbach, Rochelle McLaughlin, Teri Peralta, Heather Kitching, Susan Schwartz, Kitsum Lee, Eric Hwang, Julia Wilbarger, Megan Chang, Karen McCarthy, Anita Neihaus, Lora Woo, Chiao-Ju Fang, Dominique Embry, Gina Tucker-Roghi, Pamela Richardson, Robyn Wu, Sherry Hite, Laura Hess, Sharon Pavlovich, Gigi Smith, Jeanine Blanchard, Tiana Nguyen, and Deb Bolding.

As you can see we have a large community of volunteers who wholeheartedly support OT research and are willing to lend their expertise to the foundation to assure that worthy studies are supported. The list incorporates a wide variety of outstanding academics and clinicians across California. The Research Advisory Board depends upon their willingness to contribute in such a meaningful way to the Foundation to assure that our precious resources are distributed fairly and ethically. If you are considering contributing in this role of reviewer please email the Research Advisory Co-Chairs and indicate your area of expertise. We will be delighted to call on you when an appropriate research grant application is submitted.

Naturally OT: Measuring the outcomes of outdoor occupational therapy in young children

Author(s): Gurdeepak Dale, OTS; Amanda Laccone, OTS; Zoe Peters, OTS; Brinda Saini, OTS; Amie Smith, OTS

Faculty Advisor: Julia Wilbarger, PhD, OTR/L

School: Dominican University

Occupation Based Certified Nursing Assistant (CNA) Training Program

Author(s): Michelle Hong, OTS; Lucky Ung, OTS; Judy Chen, OTS

Faculty Advisor: Gina Tucker-Roghi, OTD, OTR/L, BCG

School: Dominican University

RESEARCH CO-CHAIRS

Judith Palladino, MA, OTR
twopalls@yahoo.com

Heidi McHugh Pendleton,
Ph.D, OTR?L, FAOTA
Heidi.pendleton@sjsu.edu

CFOT Humanitarian Award

Purpose: To honor individuals or groups who, through their humanitarian activities, have demonstrated exceptional commitment to the philosophical principles of occupational therapy and to the mission and goals of CFOT.

HUMANITARIAN AWARDEES

Frank and Lori Biehl	1993
Fred Sammons	1994
Aerial Gilbert and her guide dog, DeeAnn.....	1997
Patsy and Hal Hollister	2000
Barbara Phillips	2001
Dr. Ernie Bodai.....	2002
Tom Hale.....	2003
Nancy Somerville.....	2004
Foster N. Anderson	2005
Debra Uhles Tanaka	2006
Judith Gail Rodgers.....	2008
Bonnie Nakasuji.....	2009
Fr. Gregory J. Boyle, S.J.	2010
Joan Surfus.....	2011
Diane Mayfield	2013
Heather Javaherian-Dysinger.....	2014
Michelle Craft	2015
John Hwang	2016
Winifred Schultz-Krohn.....	2017
Vijay Gupta	2018
Elyse Gordon	2019
Steven Rubin.....	2020

CFOT Meritorious Service Award

The purpose of this award is to honor an individual who has demonstrated exceptional effort on behalf of the CFOT for five or more years and who has made a major impact on the mission, goals, and objectives of CFOT in the present and for the future. CFOT would like to recognize Patricia Nagaishi for her years of hard work and dedication to our Foundation. During her tenure as Vice President and representative of OTAC, Pat was already making an impact on CFOT through her implementation of strategic planning as well as professionalization of the Foundation. Pat has gone on to serve three terms as President of CFOT, shepherding the importance of having a vision, mission statement, and above all – a plan. Her expertise and unwavering passion for the world of occupational therapy have helped CFOT flourish; with a streamlined structure of fundraising, publicity, and an overall sophistication of which the Foundation will only continue to benefit from.

Throughout her career with CFOT it has been clear that Pat's true devotion to her work has not gone unnoticed, it is with great honor and gratitude that we present her with this Meritorious Service Award.

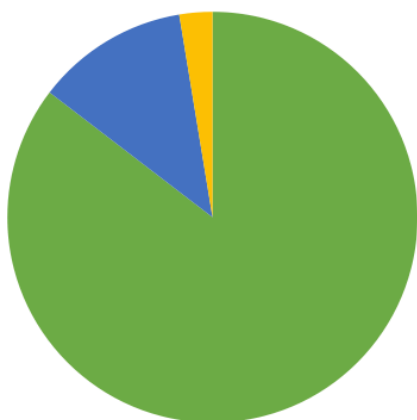


MERITORIOUS SERVICE AWARDEE

Patricia Nagaishi, PhD, MA, OTR/L

Where do your Contributions go?

REVENUE

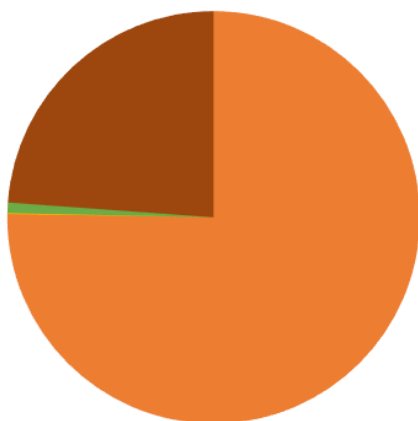


■ 85% Endowment - Income from Investments, Legacy & Challenge

■ 12% Designated Gifts - Named Scholarships & Research Grants

■ 3% Annual Fund Drive - Funds raised from Conference

EXPENSE



■ 75% Program Services - Scholarships, Research Grants and Seed Money

■ 0% Board Function

■ 1% Conference

■ 24% Professional Services & Management

These two charts show our revenue and expenses for 2021. Our Board of Directors and members are all volunteers. They give generously of their time, money, and effort to support the development of our profession, the education of our students, and cutting edge research. They are also generous with their “non-monetary” contributions such as donating table decorations, phone calls, travel, paper and ink for copying and other gifts.

We appreciate your support through your contributions and gifts. THANK YOU!

CFOT Donors

2021-2022

PATRON (\$500 – 1,000)

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SPONSOR (\$250 – 499)

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CONFERENCE CHALLENGE (\$500)

OTAC Members pledge to match total donations of at least \$500 from conference attendees with an additional \$500.

Bonita Kraft
Michele Berro
Linda Florey

SCHOLARSHIP

CFOT awards scholarships to occupational therapy students and traineeships for occupational therapy assistant students.

Linda Florey Scholarship - \$2,000

Jaffe Graduate Level Scholarship - \$1,500

Knox-Hirsch OTR Graduate
Scholarship - Pediatrics \$1,000

Bonita Kraft Scholarship –
Mental Health - \$1,500

Michele Berro – in memory of
Mary Ann Epstein Scholarship - \$1,500

RESEARCH GRANT

Awards for research grants are available to practicing occupational therapists (licensed in California) including academicians and post entry-level students engaged in independent advanced practice, doctoral level, or post-doctoral level research.

Research Grants Available:

General Grants: Up to \$6,000 available per grant.

Dr. Robert B. Jaffe, MD, Women's Health Research Grant: Up to \$2,500 available to fund research in women's health issues.

Luis Arabit Research Grant in memory of Consuelo & Marialuz Arabit: Up to \$1,000 available to fund physical dysfunction research.

Bonita Kraft Research Grant: Up to \$1,500 available to fund mental health research.

Christine Wietlisbach Research Grant: Up to \$1,000 available to fund LGBTQ research.

Lisa Test Endowed Research Award: Up to \$1,500 available to fund research in women's mental health, pediatrics, or occupation-centered practice.

Major CFOT Donors

2021-2022

GOLD (\$20,000 +)

Julie Shaperman

SILVER (\$7,500 – 19,999)

Fred Sammons

BRONZE (\$1,001 – 7,499)

LONG TERM BENEFACTORS

Legacy Circle Members

The Legacy Circle is an endowment fund that was established in 2016 to ensure that CFOT can continue to provide scholarships and support OT researchers in California and enhance its growth to advance and promote the profession of occupational therapy into the future.

To be a member of the CFOT Legacy Circle, you make a contribution of \$2,500. This contribution can be made in installments over five years or as a lump sum. Once you have reached your lump sum, you will be recognized as a Member of the CFOT Legacy Circle.

Members of the Legacy Circle include:

*Michele Berro
Linda Florey
Joyce Fries
Evelyn Jaffe
Susan Knox
Bonita Kraft
Bonnie Nakasuji
Judi Palladino
Heidi Pendleton
Shawn Phipps
Winifred Schultz-Krohn
Julie Shaperman*

Contributions from these donors have made the Endowed Scholarships possible:

- *Jan Matsutsuyu*
- *Nancy Scott in honor of Lisa Test*
- *Fred Sammons*
- *Michele Berro – in memory of Mary Ann Epstein, Elizabeth Sykoff, Meg Mitani Moss, and in honor of her Rancho OT colleagues*
- *Julie Shaperman in memory of Dr. Martin Shaperman*

The following CFOT scholarships are awarded annually through the large donations that have become known as our Endowed Funds.

Endowed scholarships:

*Janice Matsutsuyu Scholarships (2 annually)
Lisa Test Scholarship
Frank J. Biehl Opportunity Scholarship
Ardith Breton Scholarship
Wilma West Post ORT Graduate Scholarship
Fred Sammons Scholarship
Chuck Strauch Scholarship
In Memorium Scholarship*

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MISSION STATEMENT

The California Foundation for Occupational Therapy is a non-profit (501c3) public benefit foundation whose mission is to advance the science and practice of occupational therapy to enhance health, well-being, and participation in life activities for all individuals, communities, and populations through supporting and promoting occupational therapy research, education and public awareness.



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